

A NOTE FROM THE DIRECTOR

February is National Library Lover's Month! Here are just a few reasons why I love LBPL.

- eBooks sent right to my Kindle with the Libby app
- Listening to a record in our Vinyl Listening Lounge
- New art exhibits every month
- Super fun kids' activities like Rise and Shine Storytime

Tell us why you love the Library!

<https://lbplny.formstack.com/forms/librarylove>

- Tara Lannen-Stanton

Mahjong Open Play for Beginners



Thursday, February 22, 11am (In Person - Point Lookout Branch)

Practice and improve your mahjong skills by playing with other beginning players in this casual, stress free environment. All players must bring a 2023 mahjong card. If you own a mahjong set, please bring it!

CANASTA CLUB



Wednesdays, 11am (In Person)

MAH-JONGG CLUB



Wednesdays, 11am (In Person)

Celebrate the Lunar New Year!



Sunday, February 4, 2pm (In Person)

Celebrate the Lunar New Year with the Long Beach Public Library and Artists in Partnership! Join Patricia Shih and Wendi Weng as they lead us through a fascinating multi-century visit to China, the world's oldest continuous civilization and its culture. **Please Register.**



Crafts for Grown Ups: Mardi Gras Masks

Thursday, February 1, 11am (In Person - Point Lookout)

Friday, February 9, 11am (In Person - Main)

In the spirit of Fat Tuesday, decorate and embellish a festive mask. Think sequins, feathers, beads! **Registration required.**



Botanical Drawing

Thursdays, Feb 8, 15, 22, 29

11:15am (In Person)

Botanical drawing for beginners using real foliage. There is \$5 per class fee for the botanical specimens. Please note this program is presented as a 4-part series. You are registering for 4 classes. Instructor: Rosa Maria Goeller. **Registration required.**



LB GARDENING CLUB

LB Gardening Club

Friday, February 16, 11:00am (In Person)

Do you love gardening and want to meet others in your community who love gardening too? Join our LB Gardening Club to discuss all things gardening! Promoting the love of gardening one seed at a time.



Monthly Mommy Mixer!

Mondays, Feb 19, 26, 11:30am (In Person)

Mommies (or Daddies, Nannies & Grannies) of Babies 0 - 18 months, come join Moms/Librarians Eileen & Nicole for our new Monthly Mommy Mixer! Come down to the library for a cup of coffee and a chance to chat with other grown ups!

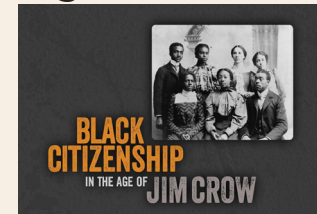


Channels
February 2024



@LBPLNY

NY Historical Society: Black Citizenship in the Age of Jim Crow



Tuesday, February 13 2:15pm (In Person)

Explore Black Americans' struggle for equality under the law from 1865 through World War I. Learn about this dark chapter of our history, as well as Black New Yorkers organizing and community-building in the face of discrimination.

COTTON: The Dream and Hope of the Slave in Spirituals and Slave Narratives



Thursday, February 15 2pm (In Person)

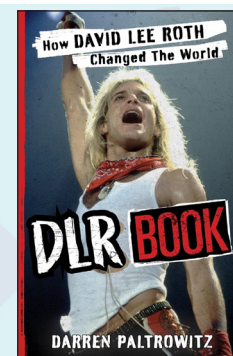
Join Tanisha Mitchell as she honors the journey of the African-American slave. Curated by the speaker, this Black History celebration highlights some important slave narratives, spirituals, and African American documentaries in a touching audiovisual tribute.

Harriet Tubman, Herself



Sunday, February 18, 2pm (In Person)

Please join Artists in Partnership, Inc. and the Long Beach Public Library as we welcome "Harriet Tubman Herself", starring actress and singer Christine Dixon. An entertaining, interactive, and educational one-woman show based on the life and times of Harriet Tubman.



How David Lee Roth Changed the World with Author Darren Paltrowitz
Saturday, February 10, 1:00pm (In Person)

Join host JT Turret and Darren Paltrowitz, author of DLR Book: *How David Lee Roth Changed the World*, for an author event you won't forget! Followed by a musical performance from *Benoir*.



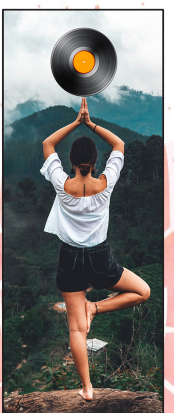
LBPL Presents:

Comedy After Dark

Thursday, February 15, 7:30pm (In Person)

Join us for a night of laughs with 3 amazing comedians...featuring Andrew Plagainos, Helaine Witt and Greg Kritikos! Please register.

Albums & Asana
Tuesday, February 20 7pm (In Person)



How Soon is Namaste?

Join the yoga flow as we spin vinyl from the library's record collection. This month we will feature the music of The Smiths.

FEBRUARY 2024
PROGRAMS & EVENTS

Thursday, Feb 1 9-10 AM 10 AM-12 PM 10 AM-2 PM 11 AM-1 PM 11:15 AM-12:45 PM 6:30-7:45 PM Friday, Feb 2 9-10 AM 1-3 PM Saturday, Feb 3 9:45-10:45 AM Sunday, Feb 4 2-4 PM Monday, Feb 5 10-11 AM 11 AM-1 PM 1-3 PM 2-4 PM 6-7 PM Tuesday, Feb 6 11 AM-12 PM 11 AM-3 PM 1-3 PM 5:30-6:30 PM 6:30-7:45 PM Wednesday, Feb 7 9-10 AM 9 AM-12 PM 11 AM-12:30 PM 11 AM-12:30 PM 1-3 PM 1-3 PM 1-3 PM 2-3 PM 3-4 PM 6:30-8 PM Thursday, Feb 8 9-10 AM 9 AM-12 PM 11:15 AM-12:45 PM 1-2 PM 2-3 PM 2-3 PM 6-7 PM 7-8 PM 8-9 PM Friday, Feb 9 9-10 AM 11 AM-12:30 PM 1-3 PM Saturday, Feb 10 9:45-10:45 AM 1-3 PM 2-3 PM 3-5 PM Sunday, Feb 11 2-3:30 PM Monday, Feb 12 10-11 AM 1-3 PM 2-4 PM 2-4 PM 7-8 PM Tuesday, Feb 13 11 AM-12 PM 11 AM-3 PM 12-1 PM 2:15-3:15 PM 2-3 PM 5:30-6:30 PM 6-9 PM 7-8:30 PM 7-8:45 PM Wednesday, Feb 14 9 AM-12 PM 11 AM-12:30 PM 11 AM-12:30 PM 1-3 PM 2-3 PM 3-4 PM 6:30-8:30 PM 7-7:45 PM	Tai Chi Easy (Point Lookout - In Person) ESL Registration (In Person) St. Francis Hospital Health Screenings Bus (in Person) Adult Craft: Mardi Gras Masks (Point Lookout - In Person) Botanical Drawing (In Person) Alzheimer's/Dementia Caregivers Group (In Person) Chair Yoga (Hybrid) Film Friday: <i>The Wiz</i> (In Person) Yoga for Health & Peace (Hybrid) AIP Lunar New Year Event (In Person) Gentle Yoga (Hybrid) Writers' Circle (Zoom) Resume Help (Hybrid) Monday Matinee: <i>Hypnotic</i> (In Person) Pilates (In Person) Low-Impact Cardio (Hybrid) AARP Tax Aid (In Person) Friends of the Library Meeting (Zoom) Teen Tuesdays: Mixed Media Collage (In Person) West End Arts Visual Artists Guild Meeting (In Person) Hatha Yoga (In Person) ESL with the Adult Learning Center (In Person) Mah-Jongg Club (In Person) Canasta Club (In Person) Community Legal Help Information (In Person) NY State of Health Marketplace Enrollment Assistance Information (In Person) Resume Help (Hybrid) Ask the Tech Guy (In Person) Chair Yoga (West End - In Person) West End Book Club: <i>Horse</i> (West End - In Person) Tai Chi Easy (Point Lookout - In Person) ESL with the Adult Learning Center (In Person) Botanical Drawing (In Person) Go Red for Women! Women and Heart Disease (Zoom) Adult Craft: Love Letter Garland (In Person) Hear From A Holocaust Survivor (Zoom) Adult Craft: Love Letter Garland (In Person) Vinyl Collectors Club (In Person) Author Talk with Tessa Bailey (Zoom) Chair Yoga (Hybrid) Crafts for Grown Ups: Mardi Gras Masks (In Person) Film Friday: <i>In the Heat of the Night</i> (In Person) Yoga for Health & Peace (Hybrid) How David Lee Roth Changed the World with Author Darren Paltrowitz (In Person) Adult Craft: Heart Lanterns (In Person) MOVIES AT WEST: <i>Emma</i> (West End-In Person) FUN FOR ALL: Valentine's Day Chocolate Dipping!(In Person) Gentle Yoga (Hybrid) Resume Help (Hybrid) Great Books Discussion Group (In Person) Monday Matinee: <i>Roman Holiday</i> (In Person) The Romance Book Club: <i>The Cheat Sheet</i> (West End - In Person) Low-Impact Cardio (Hybrid) AARP Tax Aid (In Person) Lung Cancer and the Harms (Zoom) NY Historical Society: Black Citizenship in the Age of Jim Crow (Zoom) Reduce your Risk (In Person) Teen Tuesdays: Treat Yourself! DIY Body Scrub (In Person) Empire Defensive Driving 2-Day Course (In Person) Books & Brews: I'll be Gone in the Dark (Off-Site) LBNY Arts Council meeting (In Person) ESL with the Adult Learning Center (In Person) Canasta Club (In Person) Mah-Jongg Club (In Person) Resume Help (Hybrid) Ask the Tech Guy (In Person) Chair Yoga (West End - In Person) Poetry Open Mic Night! (In Person) Chopra Meditation Program (Point Lookout - In Person)
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Thursday, Feb 15 9-10 AM 9 AM-12 PM 11 AM-1 PM 11:15 AM-12:45 PM 2-3 PM 7:30-9 PM Friday, Feb 16 9-10 AM 11 AM-12 PM 1-3 PM 2-3 PM 6-8 PM Saturday, Feb 17 9 AM-3:30 PM 9:45-10:45 AM 1-3 PM 1-3 PM Sunday, Feb 18 2-3:30 PM Monday, Feb 19 10-11 AM 11 AM-1 PM 11:30 AM-12:30 PM 1-3 PM 2-4:45 PM 3-5:30 PM Tuesday, Feb 20 11 AM-12 PM 11 AM-3 PM 5:30-6:30 PM 7-8 PM Wednesday, Feb 21 9-10 AM 9 AM-12 PM 11 AM-12:30 PM 11 AM-12:30 PM 1-3 PM 2-3 PM 3-4 PM 7-7:45 PM Thursday, Feb 22 9 AM-12 PM 11 AM-1 PM 11:15 AM-12:45 PM 6-8 PM 7-8:30 PM Friday, Feb 23 9-10 AM 1-3 PM 4-5 PM Saturday, Feb 24 9:45-10:45 AM 2-3 PM 2-4 PM Sunday, Feb 25 1:15-2:30 PM Monday, Feb 26 10-11 AM 1-3 PM 2-4 PM 2-4 PM 2-4:15 PM 8-8:45 PM Tuesday, Feb 27 11 AM-12 PM 11 AM-3 PM 6-9 PM Wednesday, Feb 28 9-10 AM 9 AM-12 PM 11 AM-12:30 PM 11 AM-12:30 PM 11 AM-2 PM 1-3 PM 2-3 PM 2-3 PM 2:15 -3 PM 3-4 PM 5:30-6:30 PM 7-8:30 PM 7-8:30 PM Thursday, Feb 29 9 AM-12 PM 11 AM-1 PM 11:15 AM-12:45 PM 6:45-9 PM Friday, March 1 9-10 AM 1-3 PM	Tai Chi Easy (Point Lookout - In Person) ESL with the Adult Learning Center (In Person) Mahjong Open Play for Beginners (Point Lookout - In Person) Botanical Drawing (In Person) COTTON: The Dream and Hope of the Slave in Spirituals and Slave Narratives (In Person) LBPL Presents: Comedy After Dark (In Person) Chair Yoga (Hybrid) LB Gardening Club (In Person) Film Friday: <i>The Night of the Twelfth</i> (In Person) Historical Fiction Book Club: <i>Sold on a Monday</i> (In Person) FUN FOR ALL: Someone Special Dance at the Library! AARP Smart Driver Defensive Driving (In Person) Yoga for Health & Peace (Hybrid) Acrylic Painting 101 (In Person) LBPL Scribblers Writing Workshop (In Person) Harriet Tubman, Herself (In Person) Gentle Yoga (Hybrid) Writers' Circle (Zoom) Monthly Mommy Mixer! (In Person) Resume Help (Hybrid) Monday Matinee: Hunger Games: The Ballad of Songbirds & Snakes (In Person) Studio Time (In Person) Low-Impact Cardio (Hybrid) AARP Tax Aid (In Person) Teen Tuesdays: Mini Scrapbooks (In Person) Albums & Asana: How Soon is Namaste? (In Person) Hatha Yoga (In Person) ESL with the Adult Learning Center (In Person) Canasta Club (In Person) Mah-Jongg Club (In Person) Resume Help (Hybrid) Ask the Tech Guy (In Person) Chair Yoga (West End - In Person) Chopra Meditation Program (West End - In Person) ESL with the Adult Learning Center (In Person) Mahjong Open Play for Beginners (Point Lookout - In Person) Botanical Drawing (In Person) LGBTQ+ Underground Movie Night: <i>The Inspection</i> (In Person) Ayurveda (In Person) Chair Yoga (Hybrid) Film Friday: <i>The Maltese Falcon</i> (In Person) Author Talk with Jason Mott (Zoom) Yoga for Health & Peace (Hybrid) Family Book Club: Rereading Childhood Classics (In Person) Free Verse Poetry Workshop with Paula Curci (In Person) Family Yoga (In Person) Gentle Yoga (Hybrid) Resume Help (Hybrid) Great Books Discussion Group (In Person) Library Board of Trustees Meeting (In Person) Monday Matinee: <i>The Holdovers</i> (In Person) Tech Guy Talks: Big Data (In Person) Low-Impact Cardio (Hybrid) AARP Tax Aid (In Person) Empire Defensive Driving 2-Day Course (In Person) Hatha Yoga (In Person) ESL with the Adult Learning Center (In Person) Canasta Club (In Person) Mah-Jongg Club (In Person) Parker Jewish Institute Alzheimer's Initiative (In person) Resume Help (Hybrid) Ask the Tech Guy (In Person) Author Talk with Kim Scott (Zoom) Meditation (Hybrid) Chair Yoga (West End - In Person) Adult Craft: Wooden Bookmarks (West End In Person) LBNY Bestseller Book Club: The Heaven & Earth Grocery Store (Hybrid) Women's Empowerment Group with Anissa Moore (In Person) ESL with the Adult Learning Center (In Person) Mahjong Open Play for Beginners (Point Lookout - In Person) Botanical Drawing (In Person) West End Neighbors Meeting (West End - In Person) Chair Yoga (Hybrid) Film Friday: (In Person)
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Baby it's cold outside!

Please donate.

Long Beach Library Cold Weather Clothing Exchange

Donations accepted at adult reference desk.

November 1 – February 29

Acceptable Items:

- Mittens or gloves
- Socks (new only)
- Sweatpants (new only)
- Sweaters/Hoodies
- Winter vests
- Scarves
- Shawls
- Hats
- Small to medium blankets
- Ear muffs
- Umbrellas (in working order)
- Thermal heat pads/handwarmers

Not Accepted:

- Shoes, sandals, or boots
- Undergarments
- Swimsuits
- Anything torn, stained, broken, or stinky
- T-shirts
- Skirts, dresses, rompers
- Bags, wallets, purses
- Accessories or jewelry
- Large blankets or comforters
- Costumes, wigs, cosmetics
- Shapewear

For more information, ask a librarian or visit longbeachpubliclibrary.org



Long Beach Public Library
516-432-7201
www.longbeachlibrary.org



Give The Long Beach Public Library's record collection a spin in the new Vinyl Listening Lounge. The Listening Lounge consists of 2 turntable set-ups, complete with headphones and lounge chairs.



The Long Beach Art League presents...

MULTI CULTURAL

A Community Exhibit

On Display in the Library Gallery
February 3 — March 2, 2024

Our Next Zoom General Meeting on Wed, February 7th at 7pm will feature an Acrylic Grounds & Pastes presentation by Barbara De Pirro representing Golden Paints

For more information, visit : www.longbeachartleague.com

Friends of the Library Meeting
Tuesday, Feb 6, 1PM
The Friends of the Library holds events, offers volunteer opportunities, and runs special projects to support the Library. By becoming a Friends member, your annual membership dues support the Library's programs and services.

For more info, please email friends@longbeachlibrary.org

AARP Foundation
Free Tax Help
**Tax-Aide™**
Tuesdays until April 9
11am-3pm (In Person)

Make an appointment for in-person income tax preparation by volunteer AARP staff. To make an appointment, please call the Reference Desk at (516)432-7201 x225 or come in person. If you have an appointment but need to cancel, you must call us or you will not be rescheduled.

Tax help runs from Feb 6 - April 9, 2024

NOTE: UNLESS OTHERWISE INDICATED, EVENTS ARE HELD AT MAIN LIBRARY.

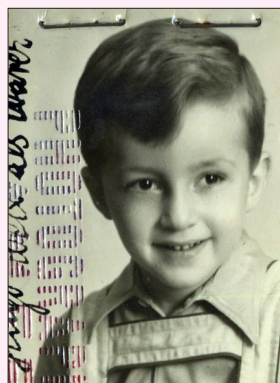
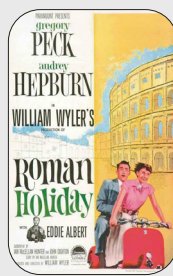
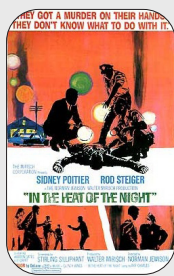
Programs are subject to change and may require prior registration. Scan this code on your phone to view the online calendar for details and registration.

FOR MORE PROGRAM AND EVENT INFORMATION CHECK OUT OUR WEBSITE: [HTTPS://LONGBEACHLIBRARY.ORG](https://longbeachlibrary.org)

LIBRARY Board of Trustees: Gemma Tansey, Mary Ellen Guarini, Robin Donovan, Anita LaSpina, Sam Pinto

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UNITED STATES HOLOCAUST MEMORIAL MUSEUM

Hear From A Holocaust Survivor

Thursday, February 8, 2pm (Zoom)

Listen and view an interview between an educator from the United States Holocaust Memorial Museum and holocaust survivor, Henry Weill. **Register to receive Zoom access.**



Vinyl Collectors Club

Thursday, February 8, 7:00pm (In Person)

Share your love of vinyl with fellow collectors! We will chat about our favorite local record shops, care and maintenance of our collections, our most treasured finds, and the ones that got away.



Poetry Open Mic Night

Wednesday, Feb 14, 6:30pm

Calling all poets, spoken word artists, lyricists, and songwriters! Welcome to Long Beach Library's Unplugged Open Mic Night, hosted by Nassau County Poet Laureate Paula Curci and Peter Dugan.



LBPL Scribblers Writing Workshop

Saturday, February 17, 1:00pm (In Person)

All experience levels welcome! Whether you are just beginning your writing journey or are an experienced writer, don't miss this monthly workshop designed to help you enhance your skills.



LGBTQ+ Underground

Thursday, Feb 22, 6pm

Our monthly series highlighting LGBTQ+ voices and stories. This month, Elegance Bratton's autobiographical drama *The Inspection* (2022, R, 1h 35m) starring Jeremy Pope and Gabrielle Union.

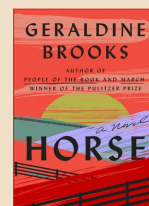


Free Verse Poetry Workshop with Paula Curci

Saturday, February 24, 2:00pm (In Person)

Nassau County Poet Laureate Paula Curci will guide the group of potential poets in creating free verse poetry. **Please register.**

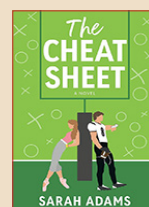
JOIN A BOOK CLUB



**WEST END
WED, FEB 7, 6:30PM**



**GREAT BOOKS
MON, FEB 12, 2PM**



**ROMANCE BOOK CLUB
MON, FEB 12, 7PM**



**BOOKS & BREWS
TUES, FEB 13, 7PM**



**HISTORICAL FICTION
FRI, FEB 16, 2PM**



**FAMILY BOOK CLUB
SAT, FEB 24, 2PM**



**LBNY BESTSELLER
WED, FEB 28, 7PM**

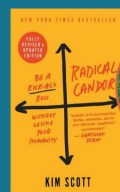
FEBRUARY AUTHOR TALKS



**TESSA BAILEY
FEBRUARY 8
8PM**



**JASON MOTT
FEBRUARY 23
4PM**



**KIM SCOTT
FEBRUARY 28
2PM**



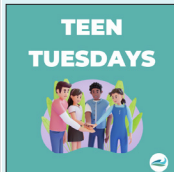
Join us! Register online now!
Visit <https://library.org/longbeachlibrary> to sign up.



St. Francis Hospital Health Screenings Bus

**Thursday, February 1
10am-2pm (In Person)**

The St Francis Hospital Outreach Bus will be on hand providing free health screenings to patrons.



TEEN TUESDAYS

Mixed Media Collage
Tue. Feb 6 at 5:30pm

DIY Body Scrub
Tue. Feb 13 at 5:30pm

Mini Scrapbooks
Tue. Feb 20 at 5:30pm



Go Red for Women! Women and Heart Disease

**Thursday, February 8,
1pm (Zoom)**

Join Community Health Educator Nurse Maura Calio to learn how women's hearts differ from men's hearts, and also learn some heart healthy nutrition tips.



**Mondays at 1pm (In Person)
Wednesdays at 1pm (In Person)**

Book a 30-minute appointment with Lenora, an LBPL reference librarian with training in job search help and resume assistance.

Please register.



PILATES

**Monday, February 5 at 6pm
(In Person)**

Join instructor Pat Cappeto for this engaging Pilates class! Bring a mat to practice on!



Hatha Yoga
**Wednesdays, 9am
(In Person)**

No class Feb 14

Hatha yoga focuses on posture and breathing techniques to channel vital energy source. This beginner friendly class focuses on yoga poses, breathwork, intention setting, and self care.



CHAIR YOGA

Fridays at 9am (Hybrid)

A full-body practice that will help strengthen your nervous system and reduce stress and stiffness. Kathleen Regan is certified in Hatha/Raja Yoga.



Ayurveda
**Thurs, Feb 22
7:00pm
(In Person)**

Introduction to Ayurveda with Gary Jansen. Ayurveda is a complete healing system focused on giving you tools and practices to create health on a daily basis using your innate healing ability.

Empire Defensive Driving 2-Day Course

**Tuesdays, February 13 & 27
6-9pm (In Person)**

Participants must attend both classes to complete the course.

Please register.



Tech Guy Talks: Big Data

**Mon, February 26,
8pm (In Person)**

Do you want to know what Internet companies and data brokers (Big Data) do with your personal data? Do you want to know what you can do to minimize your presence on the Internet? It's hard, but not impossible.

Chopra Meditation Program



**Wednesday, Feb 14, 7pm
(In Person - Point Lookout Branch)**



**Wednesday, Feb 21, 7pm
(In Person - West End Branch)**

Gary Jansen, a Deepak Chopra Certified Meditation and Health Instructor, will help you achieve positive lifelong change through meditation. Each class will include valuable information on meditation for stress relief, emotional well-being, and better sleep. Jansen is the award-winning author of *MicroShifts: Transforming Your Life One Step at a Time* and has been Deepak Chopra's editor for more than a decade.