

MAIN LIBRARY HOURS

Monday, 9am-9pm
 Tuesday, 11am-9pm
 Wednesday, 9am-9pm
 Thursday, 9am-9pm
 Friday, 9am-5pm
 Saturday, 9am-5pm
 Sunday, 1-5pm

Board of Trustees:

Anita LaSpina, Sam Pinto,
 Gemma Tansey, Robin Donovan,
 Mary Ellen Guarini

Library Director:

Tara Lannen-Stanton

Assistant Director:

Jakea Williamson

FY 2025 Budget Vote & Trustee Election

Tuesday May 21, 2024

FY 2025 Proposed Budget Presentation

Monday, May 6, 7:30pm

Join the Director and Assistant Director for a presentation of the proposed budget for FY 2025.

Learn to Play Mahjongg

Wednesdays, May 8, 15, 22, 29, 1pm

Instructor Donna Miller Small will guide you through simple, step-by-step instructions and enjoyable activities. You'll comfortably learn the basics in four lessons. **If you cannot attend all four sessions PLEASE DO NOT REGISTER.**

CANASTA CLUB

Wednesdays, 11am

MAH-JONGG CLUB

Wednesdays, 11am

Daily Life

A Long Beach Art League
Member Exhibit

In the Library Gallery April 27 - June 1



Linda Haber



Join Us for Our General Meeting at the Library, 2nd Floor
 on Wednesday, May 1st - 7:00-8:30PM
 Marie Byrne will discuss the use of art in interior design
 visit www.longbeachartleague.com for more information

**Journaling Workshop**

Saturday, May 11, 12pm

Discover the power of self-connection through the transformative practice of journaling. Led by poet and librarian Nicole, this workshop invites you to explore the depths of your inner world through a series of thought-provoking prompts. Please register.

**Adult Craft: Beaded Garden Wands**

Tuesday, May 21, 7pm

Bring color and whimsy to your indoor or outdoor garden with these beautiful garden wands. All materials supplied by the Library free of charge. Space is limited. Registration required or call the Reference Desk at (516) 432-7201 x225.

**Acrylic Painting 101**

Saturday, May 25, 1pm

Create a lovely landscape with instructor Joan Lazarus. All materials provided. There is a \$10 materials fee payable in cash the day of the program.

**NY Citizen Preparedness Training**

Tuesday, May 14, 6pm

This program teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly, and recover as quickly as possible. **EACH FAMILY THAT ATTENDS WILL RECEIVE ONE PREPAREDNESS KIT.**



**AARP Smart Driver
Defensive Driving
Saturday, June 1, 9am-3:30pm**

The AARP Smart Driver Defensive Driving course teaches proven driving techniques to help keep you and your loved ones safe on the road. Attending this class could make you eligible for a multi-year discount on your auto insurance. **Please register.**

**LONG BEACH
PUBLIC LIBRARY**

Channels

May 2024

@LBPLNY

If it's May, It's Cabaret!

CABARET FESTIVAL 2024

featuring

**JASON HENDERSON**

Getting to Noël You
 Friday, May 17th
 7:30PM

MARGARET CURRY

The Space In-Between
 Saturday, May 18th
 8:00PM

**HANNAH JANE**

Hey Y'all & Yee Haw
 Sunday, May 19th
 2:30PM

**LONG BEACH
PUBLIC LIBRARY**

111 W. Park Avenue, Long Beach, NY 11561
www.longbeachlibrary.org
 516.432.7201

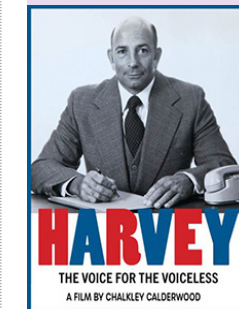
**The Library will be closed
 Sunday, May 26 and Monday, May 27
 for Memorial Day weekend**

LB GARDENING CLUB**LB Gardening Club**

**Tuesday, May 7, 7pm (seed swap)
 Friday, May 17, 11:30 am (meeting)**

Do you love gardening and want to meet others in your community who love gardening too? Join our LB Gardening Club to discuss all things

gardening! Promoting the love of gardening one seed at a time. Bring seeds to swap!

**Documentary Screening**

Harvey Weisenberg:

The Voice for the Voiceless

Wednesday, May 22, 7:30pm

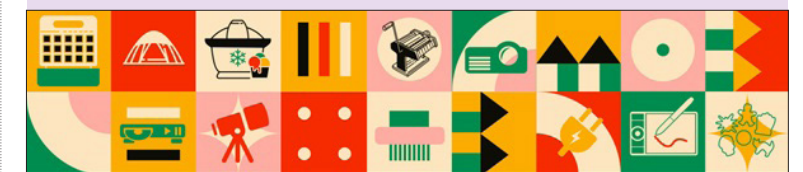
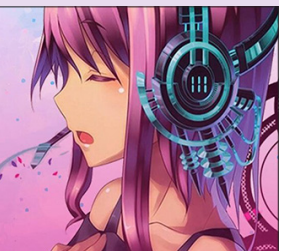
Please join Harvey Weisenberg and the Saint James of Jerusalem Episcopal Church for a special screening of Harvey's documentary, The Voice for the Voiceless. Refreshments will be served.

COSPLAY KARAOKE

Thursday, May 23, 5pm

All ages.

Please register.



THE LIBRARY OF THINGS

Exciting news!

Our Library of Things collection features a variety of items beyond traditional books, providing our community with even more resources to explore and enjoy. Ask at the Adult Reference Desk for assistance or call 516-432-7201 ext. 225

MAY 2024
PROGRAMS & EVENTS

Wednesday, May 1	
9-10 AM	Hatha Yoga
9 AM-12 PM	ESL with the Adult Learning Center
11 AM-12:30 PM	Mah-Jongg Club
11 AM-12:30 PM	Canasta Club
1-3 PM	Community Legal Help Information
1-3 PM	NY State of Health Marketplace Enrollment Assistance Information
1-3 PM	Resume Help (Hybrid)
3-4 PM	Chair Yoga (West End)
6-9 PM	Long Beach Art League Monthly Meeting
6:30-8 PM	West End Book Club: <i>This Is How It Always Is</i> by Laurie Frankel (West End)
Thursday, May 2	
11:15 AM-12:45 PM	Botanical Drawing for Beginners
6:30-7:45 PM	Alzheimer's/Dementia Caregivers Support Group
Friday, May 3	
9-10 AM	Chair Yoga (Hybrid)
9-10 AM	Qi Gong (West End)
1-2 PM	Libby Help
1-3 PM	Film Friday: <i>After Yang</i>
Saturday, May 4	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
Sunday, May 5	
1:15-2 PM	Family Yoga
Monday, May 6	
10-11 AM	Gentle Yoga (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>Mommie Dearest</i>
6-7 PM	Pilates
7:30-8:30 PM	FY 2025 Proposed Budget Presentation
7:30-9 PM	Long Beach CCPTA Mental Health Forum
Tuesday, May 7	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
5:30-6:30 PM	Teen Tuesdays: Spring Pom Pom Petal Bouquet
6:30-7:45 PM	West End Arts Visual Artists Guild Meeting
7-8 PM	LB Gardening Club: Seed Swap
7-9 PM	Friends of the Library Meeting (Zoom)
Wednesday, May 8	
9-10 AM	Hatha Yoga
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help
1-3 PM	Learn to Play Mah-Jongg
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
6-8 PM	West End Arts Photo Reception (West End)
6:30-8:30 PM	Poetry Open Mic Night!
7-7:45 PM	Chopra Meditation Program (Point Lookout)
Thursday, May 9	
11:15-12:45 PM	Botanical Drawing for Beginners
12-1:30 PM	Adult Craft: Fabric Covered Vases
6-8 PM	LGBTQ+ Underground Movie Night: <i>All of Us Strangers</i>
Friday, May 10	
9-10 AM	Chair Yoga (Hybrid)
9-10 AM	Qi Gong ((West End)
1-3:30 PM	Film Noir Film and Discussion: <i>The Big Sleep</i>
Saturday, May 11	
9:45-10:45 PM	Yoga for Health & Peace (Hybrid)
12-1 PM	Journaling Workshop
2-3 PM	True Crime Book Club: <i>The Devil in the White City</i>
Monday, May 13	
10-11 AM	Gentle Yoga (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
1-3 PM	Resume Help (Hybrid)

2-4 PM	Monday Matinee: <i>The Boys in the Boat</i>
6-7 PM	Pilates (In Person)
Tuesday, May 14	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
2-3:30 PM	Baseball and Basketball in Days Gone By (Zoom)
4:30-5:30 PM	Anime and Manga Club
5:30-6:30 PM	Teen Tuesdays: Custom Sunglasses
6-8 PM	NY Citizen Preparedness Training
7-8:30 PM	Books & Brews: <i>Everything I Learned, I Learned in a Chinese Restaurant</i> (Off-Site)
Wednesday, May 15	
9-10 AM	Hatha Yoga
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3PM	Learn to Play Mah-Jongg
1-3 PM	Resume Help
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
7-7:45 PM	Chopra Meditation Program (West End)
7-8:30 PM	Women's Empowerment Group with Anissa Moore
Thursday, May 16	
11:15 AM-12:45 PM	Botanical Drawing for Beginners
1-2 PM	Silent Book Club (West End)
7:30-9 PM	LBPL Presents: Comedy After Dark
Friday, May 17	
9-10 AM	Chair Yoga (Hybrid)
9-10 AM	Qi Gong ((West End)
11:30 AM-12:30 PM	LB Gardening Club
1-2 PM	Libby Help
1-3 PM	Film Friday: <i>Fanny: The Right to Rock</i>
2-3 PM	Historical Fiction Book Club: <i>Homegoing</i>
7:30-9 PM	Cabaret Festival 2024: Jason Henderson presents Getting to Noël You!
Saturday, May 18	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
1-3 PM	LBPL Scribblers Writing Workshop
2-3 PM	Family Book Club: Rereading Childhood Classics
3-5 PM	MOVIES AT WEST: <i>My Big Fat Greek Wedding 3</i> (West End)
8-9:30 PM	Cabaret Festival 2024: Margaret Curry presents The Space in-Between
Sunday, May 19	
2:30-4 PM	Cabaret Festival 2024: Hannah Jane presents Hey Y'all & Yee Haw
Monday, May 20	
10-11 AM	Gentle Yoga (Hybrid)
11:30 AM-12:30 PM	Monthly Mommy Mixer!
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>American Fiction</i>
7-9 PM	Library Board of Trustees Meeting
Tuesday, May 21	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
2-3 PM	Daring and Intrepid Airwomen: Long Island's Pioneer Women Aviators
5:30-6:30 PM	Teen Tuesdays: Mini Scrapbooks
7-8 PM	Adult Craft: Beaded Garden Wands
7:30-8:30 PM	Sci-Fi & Fantasy Book Club: "A Wizard of Earthsea" by Ursula K. Le Guin (Off Site)
Wed, May 22	
11 AM-12:30 PM	Canasta Club (In Person)
11 AM-12:30 PM	Mah-Jongg Club (In Person)
1-3 PM	Learn to Play Mahjong
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy (In Person)
2:45 - 3:30 PM	Meditation (Hybrid)
6-7 PM	Meet and Greet with Legislator Patrick C. Mullaney, Nassau County Legislature - 4th District
6:45-8 PM	West End Neighbors' Meeting (West End)
7:30-8:30 PM	Documentary Screening - <i>Harvey Weisenberg: The Voice for the Voiceless</i>

Thursday, May 23	
11:15 AM-12:45 PM	Botanical Drawing for Beginners
5-7 PM	Cosplay Karaoke
7-8 PM	Vinyl Collectors Club
7:30-8:30 PM	Meditative Dance
Friday, May 24	
9-10 AM	Chair Yoga (Hybrid)
9-10 AM	Qi Gong (West End)
1-3 PM	Film Friday: <i>In Harm's Way</i>
Saturday, May 25	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
1-3 PM	Acrylic Painting 101
Sunday, May 26	
Monday, May 27	
Tuesday, May 28	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
5:30-6:30 PM	Teen Tuesdays: Yarn Art
7-8 PM	Albums & Asanas: Fleetwood Mac
Wednesday, May 29	
9-10 AM	Hatha Yoga
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Learn to Play Mah-Jongg
1-3 PM	Resume Help
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
3:30-7:30 PM	<i>Star Trek / For the Love of Spock</i> Double Feature
7-8:30 PM	LBNY Bestseller Book Club: <i>Maybe You Should Talk to Someone</i> (Hybrid)
8-8:45 PM	Tech Guy Talks: Password Managers
Thursday, May 30	
11:15 AM-12:45 PM	Botanical Drawing for Beginners
1-2 PM	Lifestyle Changes for Prediabetes with Karpas Health (Zoom)
7-9 PM	Fright Night Feature: <i>Carrie</i>
Friday, May 31	
9-10 AM	Chair Yoga (Hybrid)
9-10 AM	Qi Gong ((West End)
1-2 PM	Libby Help
1-3 PM	Film Friday: <i>Argylle</i>

Friends of the Library Meeting
Tuesday, May 7, 7PM (Zoom)

The Friends of the Library holds events, offers volunteer opportunities, and runs special projects to support the Library.

For more info, please email friends@longbeachlibrary.org



Join our podcast with Ali & Tom as they talk about their favorite vinyl records in the Long Beach Public Library collection and why you should listen to them!



**Community Programming Fund
Call for Proposals**
**Do you have a unique skill?
Share your talent and get paid for it!**

The Library is inviting proposals for programs & events from local talent right here on our barrier island. Whether you’re an individual, a local business owner or a community-based rganization, we’d love to hear from you! Scan this code to apply or head to the following link: <https://lbplny.formstack.com/forms/fy2025cpf>

We are currently accepting program proposals for calendar year 2025 (7/1/2024 through 6/30/2025) until 11:59 PM on Sunday, May 19, 2024.

Questions? Email: cpf@longbeachlibrary.org by 5 PM on Monday 5/6/24.
All questions will be answered by 5pm on Friday May 10th, 2024.



**Alzheimer's/Dementia
Caregivers Support Group**
Thursday, May 2, 6:30pm

Caring for a loved one with Alzheimer's or dementia is very challenging. Join a trained facilitator and other caregivers in this safe place for family members and friends of people living with dementia to develop a support system, talk through issues and coping strategies.

Library Board of Trustees Meeting
Monday, May 20, 7PM (In Person)

Please join the Long Beach Public Library Board of Trustees for their monthly meeting. All are welcome!

Community Legal Help Information
Wed, May 1, 1pm (In Person)

Do you need help with a legal problem? The Community Legal Help Project will have an infor-mation session on free legal services for low income residents of Nassau County.

NOTE: UNLESS OTHERWISE INDICATED, EVENTS ARE HELD AT MAIN LIBRARY.

Programs are subject to change and may require prior registration. Scan this code on your phone to view the online calendar for details and registration.

**FOR MORE PROGRAM AND EVENT INFORMATION
CHECK OUT OUR WEBSITE:
[HTTPS://LONGBEACHLIBRARY.ORG](https://longbeachlibrary.org)**





Star Trek / For the Love of Spock Double Feature
Wednesday, May 29, 3:30pm
 (In anticipation of Adam Nimoy's visit to LBPL, June 5th, 7 pm)



LGBTQ+ Underground
Thursday, May 9, 6pm

Our monthly series highlighting LGBTQ+ voices. This month, Andrew Haigh's *All of Us Strangers* (2023, R, 1h 45m). A screenwriter drawn back to his childhood home enters into a fledgling relationship.



Poetry Open Mic Night
Wednesday, May 8, 6:30pm

Calling all poets, spoken word artists, lyricists, and songwriters! Welcome to Long Beach Library's Unplugged Open Mic Night, hosted by Nassau County Poet Laureate Paula Curci and Peter Dugan.



LBPL Presents: Comedy After Dark
Thursday, May 16, 7pm

Join us for a night of big laughs with two legendary Long Island comedians: Rich Walker and Peter Bales, co-founders of Stand Up University.



Vinyl Collectors Club
Thursday, May 23, 7:30pm (West End Branch)

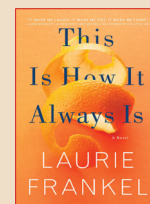
Share your love of vinyl with fellow collectors! We will chat about our favorite local record shops, care and maintenance of our collections, our most treasured finds, and the ones that got away.



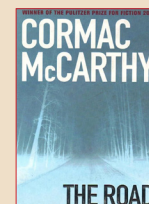
Fright Night Feature: Carrie
Thursday, May 30, 7pm

The Long Beach Library invites you to prom with Brian De Palma's definitive adaptation of Stephen King's *Carrie* (1976, R, 1hr 38m). A shy, friendless teenage girl unleashes her telekinetic powers after being humiliated by her classmates.

JOIN A BOOK CLUB



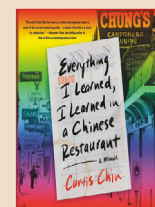
WEST END
 WED, MAY 1, 6:30PM



GREAT BOOKS
 MON, MAY 6, 2PM



TRUE CRIME
 SAT, MAY 11, 2PM



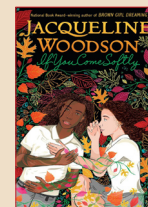
BOOKS & BREWS
 TUES, MAY 14, 7PM



SILENT BOOK CLUB
 THURS, MAY 16, 1PM



HISTORICAL FICTION
 FRI, MAY 17, 2PM



FAMILY BOOK CLUB
 SAT, MAY 18, 2PM



SCI FI & FANTASY
 TUES, MAY 21, 7:30PM



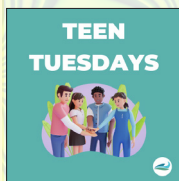
LBNY BESTSELLER
 WED, MAY 29, 7PM



Mondays at 1pm
Wednesdays at 1pm

Book a 30-minute appointment with Lenora, an LBPL reference librarian with training in job search help and resume assistance.

Please register.



TEEN TUESDAYS

Spring Pom Pom Petal Bouquet

May 7, 5:30pm

Custom Sunglasses

May 14, 5:30pm

Mini Scrapbooks

May 21, 5:30pm

Yarn Art

May 28, 5:30pm



LBPL Scribblers Writing Workshop

Saturday, May 18, 1pm

Join published author and creative writing teacher Marc DeSantis for this interactive writing circle. Bring works in progress and writing materials. Please register.



Tech Guy Talks:

Password Managers

Wed, May 29, 8pm

Do you have trouble remembering all of your passwords? We will discuss what password managers are; how they can help you elevate your digital security; and review their pros and cons. Q&A to follow.

Lifestyle Changes for Prediabetes with Karpas Health @ Mt. Sinai Hospital

Thursday, May 30, 1pm (Zoom)

Dr. Behringer-Massera will discuss dietary adjustments to reverse and prevent prediabetes, the importance of exercise and sleep hygiene, as well as stress management.

Pilates

Mondays at 6pm

No class May 20 & 27

Join instructor Pat Cappeto for this engaging Pilates class! Bring a mat to practice on!

Chair Yoga

Fridays at 9am (Hybrid)

A full-body practice that will help strengthen your nervous system and reduce stress and stiffness. Kathleen Regan is certified in Hatha/Raja Yoga.

Meditative Dance

Thursday, May 23, 7:30pm

If you've ever tried to meditate and struggled to stop the thoughts in your head, this practice is for you! As a Licensed Mental Health Counselor and a life-long dancer, Marissa is inspired by the connection between mind + body + soul.

Hatha Yoga

Wednesdays at 9am

No class May 22

Hatha yoga focuses on posture and breathing techniques to channel vital energy source.

Meditation

Wednesday, May 22, 2:45pm (Hybrid)

Meditation session with Lisa Wisel, MS, BC-DMT, LCAT. Learn how to be in alignment and replenish the peace that resides within you. You can join on Zoom or In Person.

Qi Gong

Fridays at 9am (West End Branch)

Join instructor Yoanna Da Vinci on the healing and delightful journey of QIGONG as Dance, with elements of Taiji. **Please register to attend.**



Chopra Meditation Program

Wednesday, May 8, 7pm
(In Person - Point Lookout Branch)

Wednesday, May 15, 7pm
(In Person - West End Branch)



Gary Jansen, a Deepak Chopra Certified Meditation and Health Instructor, will help you achieve positive lifelong change through meditation. Each class will include valuable information on meditation for stress relief, emotional well-being, and better sleep. Jansen is the award-winning author of *MicroShifts: Transforming Your Life One Step at a Time*, and has been Deepak Chopra's editor for more than a decade.

Albums & Asanas

Tuesday, May 28, 7pm

Flow Your Own Way

Join the yoga flow as we spin vinyl from the library's record collection. This month we will be featuring the music of Fleetwood Mac!

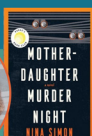
MAY AUTHOR TALKS



DOUGLAS BRUNT
MAY 1 | 3PM



NINA SIMON
MAY 8 | 7PM



REBECCA F. KUANG
MAY 21 | 7PM



Join us! Register online now!
Visit <https://library.org/longbeachlibrary> to sign up.