

MAIN LIBRARY HOURS

Monday, 9am-9pm
 Tuesday, 11am-9pm
 Wednesday, 9am-9pm
 Thursday, 9am-9pm
 Friday, 9am-5pm
 Saturday, 9am-5pm
 Sunday, 1pm-5pm

Board of Trustees:

Gemma Tansey, Mary Ellen Guarini,
 Robin Donovan, Anita LaSpina,
 Sam Pinto

Library Director:

Tara Lannen-Stanton

Assistant Director:

Jakea Williamson

**Meditative Dance**

Sunday, Nov. 17, 1:30pm

This meditative movement class promotes profound somatic healing. If you've

ever tried to sit still to meditate and struggled to stop the thoughts in your head, this is for you! As a Licensed Mental Health Counselor and a lifelong dancer, Marissa Moser is inspired by the connection between mind + body + soul. **Please register.**

**Medicare Made Clear**

Wednesday, Nov. 13, 3:30-5:30pm

Join Joyce Poupko, a Medicare advisor and insurance specialist for the senior population, for an informational program designed for current and soon-to-be Medicare recipients. **Please register.**

CANASTA CLUB

Wednesdays, 11am

MAH-JONGG CLUB

Wednesdays, 11am

SHAMROCK AND ROLL!

An Oral History Panel Honoring the Irish Community of Long Beach

Tuesday, November 19, 7:00pm



Empire Safety Council

Empire Defensive Driving

Tuesday, November 5 & 12, 6-9pm

Empire Safety Council is offering a 2-day, 6-hour defensive driving course in person.

Participants must attend both classes to complete the course.* Please register.

**Learn to Write Free Verse Poetry**

Saturday, November 23, 2pm

Paula Curci, Nassau County Poet Laureate, Emeritus 2022-2024, and Journal to the Self™ Certified Instructor, will guide participants through several writing prompts to create free verse poetry. No experience required. **Please register.**

**Hand Embroidered Snowmen**

Wednesday, November 6 & 13, 7pm

Join us to embroider a festive snowman. Basic hand sewing / embroidery skills are required to complete this craft. This class will be held over two sessions.

Fall Glass Cutting Board

Thursday, November 14, 2:30pm (Point Lookout)

Friday, November 15, 10:30 am (West End)

Thursday, November 21, 11:30 am (Main)

Join us to decorate a small glass cutting board with Thanksgiving or Fall images. This class is held at multiple branches, please register for only ONE class.

Boho Beaded Napkin Rings

Tuesday, November 19, 7pm

Spruce up your holiday table with these bohemian inspired beaded napkin rings.

Learn to Crochet

Saturday, November 30, 11am-12:30pm

The crochet workshop is a 3-session series. Students keep their class kit which contains a crochet hook, an instruction booklet, tapestry needle, yarn marker, and enough yarn to complete class samples and practice at home. **There will be a \$10 materials fee. This is a 3 session commitment November 30, December 7 & 14.**



Long Beach ROXX NY Presents: David Bennett Cohen

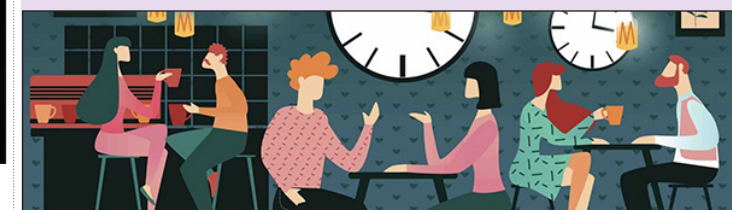
Nonprofit J-Bird Music for The Arts, Inc. is proud to present the appearance of Rock Music Icon David Bennett Cohen (Country Joe & The Fish) on opening day of this year's 13th Annual Long Beach ROXX NY Rock Music Festival, taking place in New York's "City By The Sea" Long Beach, NY!

**Family Holiday Photo Shoot!**

Sunday, November 24, 1:30-4:30pm

Capture a family photograph this year for the holidays. We've got a selection of beautiful backdrops and we'll snap your photo! Bring your phone and we'll take digital pictures for the holidays!

Registration required.

**Friendsgiving Friend Speed Dating**

Saturday, November 23, 3:30-5:30pm

(West End Branch)

In the spirit of Friendsgiving (Thanksgiving with friends) join us for a speed dating style social mixer for adults looking to make new friends.

Registration required.

NOVEMBER 2024
PROGRAMS & EVENTS

Friday, Nov 1	
9-10 AM	Chair Yoga (Hybrid)
1-2 PM	Libby Help
1-4 PM	Film Friday: <i>Horizon: An American Saga</i>
Saturday, Nov 2	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
12:30-2 PM	Artful Salon
3:30-4:30 PM	What's the deal with eBooks anyways?!?
Monday, Nov 4	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>The Unlikely Pilgrimage of Harold Fry</i>
6-7 PM	Pilates
Tuesday, Nov 5	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
6-9 PM	Empire Defensive Driving
6:30-8:30 PM	Bad Movie Night: <i>Short Circuit</i>
Wed, Nov 6	
9 AM-12 PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Community Legal Help Information
1-3 PM	NY State of Health Marketplace Enrollment Assistance Info
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night: Glow in the Dark Canvases
6:30-8 PM	West End Book Club: <i>Eleanor Oliphant is completely fine</i>
7-8 PM	Adult Craft - Hand Embroidered Snowmen
7-8 PM	LB Garden Club: Plant it Forward!
Thursday, Nov 7	
9 AM-12 PM	ESL with the Adult Learning Center
6-8 PM	LGBTQ+ Cinema: <i>My Own Private Idaho</i>
6:30-7:30 PM	Alzheimer's/Dementia Caregivers Support Group
6:30-8 PM	First-time Homebuyer Workshop
7-8 PM	Author Talk with with Stanley Milford, Jr. (Zoom)
Friday, Nov 8	
9-10 AM	Chair Yoga (Hybrid)
1-3 PM	Film School 101: <i>All the President's Men</i>
Saturday, Nov 9	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
1-2 PM	Local Author Stephen Axelrod presents: <i>Surf Avenue</i>
2-4 PM	Cult Classic Film: <i>Spaceballs</i>
3-4 PM	Self Care Saturday: Restorative Yoga
Sunday, Nov 10	
2-3:30 PM	Long Beach Roxx NY Presents: David Bennett Cohen
Monday, Nov 11	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-3:30 PM	Baseball and Basketball in Days Gone By (Zoom)
2-4 PM	Monday Matinee: <i>Almost Sunrise</i>
6-7 PM	Pilates
7-8 PM	The Romance Book Club: <i>You, Again</i> (West End)
Tuesday, Nov 12	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
6-9 PM	Empire Defensive Driving
7-8:30 PM	Books & Brews: <i>The Devil in the White City</i> (Off-Site)
7-9 PM	Friends of the Library Meeting

Wed, Nov 13	
9 AM-12PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
3:30-5:30 PM	Medicare Made Clear
5:30-6:30 PM	Teen Night: Mini Scrapbooks
6:30-8:30 PM	Poetry Open Mic Night!
7-7:45 PM	Chopra Meditation for Stress Relief & Improved Sleep
	(Point Lookout)
	Adult Craft - Hand Embroidered Snowmen
Thursday, Nov 14	
9 AM-12 PM	ESL with the Adult Learning Center
2:30-4 PM	Adult Craft - Fall Glass Cutting Board
4-5 PM	Author Talk with with Javier Zamora (Zoom)
7-8 PM	Vinyl Collectors Club
7-8:30 PM	Local Author Visit: Carol Hoenig
7-8:30 PM	Open Mic Night at West (West End)
Friday, Nov 15	
9-10 AM	Chair Yoga (Hybrid)
10:30 AM-12 PM	Adult Craft: Fall Glass Cutting Board (West End)
11:30 AM-12:30 PM	LB Gardening Club
1-2 PM	Libby Help
1-3 PM	Film Friday: <i>Twisters</i>
2-3 PM	Historical Fiction Book Club: <i>The Immortal Life of Henrietta Lacks</i>
Saturday, Nov 16	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
1-3 PM	Scribblers: LBPL Writing Workshop
1-3 PM	Acrylic Painting 101
1-5 PM	Alfred Hitchcock Double Feature
3:30-5:30 PM	MOVIES AT WEST: <i>Brooklyn</i> (West End)
Sunday, Nov 17	
1:30-2:30 PM	Meditative Dance
Monday, Nov 18	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
11:30 AM-12:30 PM	Monthly Mommy Mixer!
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>Trap</i>
6-7 PM	Pilates
7-9 PM	Library Board of Trustees Meeting
Tuesday, Nov 19	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
7-8 PM	Adult Craft: Boho Beaded Napkin Rings
7-8:30PM	Shamrock and Roll! An Oral History Panel Honoring the Irish Community of Long Beach
Wednesday, Nov 20	
9 AM-12 PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night: Gratitude Journals
7-7:45 PM	Chopra Meditation for Stress Relief & Improved Sleep (West End)
7-8:30 PM	LBNY Bestseller Book Club: <i>Fire Exit</i> (Hybrid)
7-8:30 PM	Tara's TBR Book Club: <i>Someone You Can Build a Nest In</i>
7-8:30 PM	Women's Empowerment Group with Anissa Moore

Thursday, Nov 21	
9 AM-12 PM	ESL with the Adult Learning Center
11:30 AM-1 PM	Adult Craft - Fall Glass Cutting Board
3-4 PM	Tutor.com Overview (Zoom)
4-6 PM	Animation Afternoons: <i>Inside Out 2</i>
7:30-9 PM	LBPL Presents: Comedy Open Mic Night
Friday, Nov 22	
9-10 AM	Chair Yoga (Hybrid)
1-3 PM	Film Friday: <i>It Ends With Us</i>
Saturday, Nov 23	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
2-3PM	True Crime Book Club: <i>The Monster of Florence</i>
2-4 PM	<i>Learn to Write Free Verse Poetry</i>
3:30-5:30pm	Friendsgiving Friend Speed Dating (West End)
Sunday, Nov 24	
1:30-4 PM	Family Holiday Photo Shoot!
Monday, Nov 25	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-3 PM	Maker Monday: Felt Pie Garland
2-4 PM	Monday Matinee: <i>Once Upon A River</i>
6-7 PM	Pilates
8-8:45 PM	Tech Guy Talks: Password Managers
Tuesday, Nov 26	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
7-8 PM	Albums & Asanas: Talking Heads, Burning Down the Sage
7:30-8:30 PM	Sci-Fi & Fantasy Book Club: "Slaughterhouse-Five" by Kurt Vonnegut (Off Site)
Wednesday, Nov 27	
9 AM-12PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
2-3 PM	Ask the Tech Guy
2:15-3 PM	Meditation (Hybrid)
3-4 PM	Chair Yoga (West End)
6 PM	Long Beach Public Library closes at 6 PM
Thursday, Nov 28	
Friday, Nov 29	
9-10 AM	Chair Yoga (Hybrid)
1-3 PM	Film Friday: <i>Beetlejuice Beetlejuice</i>
Sat, Nov 30	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
11 AM-12:30 PM	Learn to Crochet
2-4 PM	Family Movie: <i>Annie</i>

Friends of the Library Meeting
Tuesday, November 12, 7pm

The Friends of the Library holds events, offers volunteer opportunities, and runs special projects to support the Library.

Community Legal Help
Information

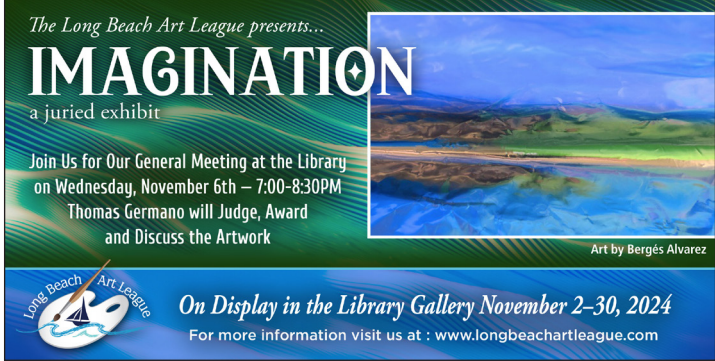
Wednesday, Nov. 6, 1pm

Do you need help with a legal problem? The Community Legal Help Project will have an information session on free legal services for low income residents of Nassau County.

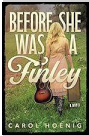
Library Board of
Trustees Meeting

Monday, Nov. 18, 7pm

Please join the Long Beach Public Library Board of Trustees for their monthly meeting. All are welcome!



Local Author Stephen Axelrod presents
Surf Avenue: A Memoir
Saturday, November 9, 1pm



Local Author Visit: Carol Hoenig
Before She was a Finley
Thursday, November 14, 7pm



Libby Help

Friday, November 1 & 15, 1pm

Need some help reading or listening to digital books? Drop in for one-on-one assistance from Library Director Tara on using Libby, your Kindle, or another device for reading and listening to digital books. Not even sure where to start? Stop by and we'll figure it out together :) **First-come, first-served.**

NOTE: UNLESS OTHERWISE INDICATED, EVENTS ARE HELD AT MAIN LIBRARY.

Programs are subject to change and may require prior registration. Scan this code on your phone to view the online calendar for details and registration.

FOR MORE PROGRAM AND EVENT INFORMATION
CHECK OUT OUR WEBSITE:
[HTTPS://LONGBEACHLIBRARY.ORG](https://longbeachlibrary.org)



**Bad Movie Night: Short Circuit****Tuesday, November 5, 6:30pm**

Comedy/Sci-Fi, 1986, PG, 1hr 38min

Cult Classic Film: Spaceballs**Saturday, November 9, 2pm**

Comedy, 1987, PG, 1hr 36min

Alfred Hitchcock Double Feature**Saturday, November 16, 1-5pm***The Lady Vanishes* - Drama, 1938, PG, 1hr 37min*The Birds* - Horror, 1963, PG-13, 1hr 59min**MOVIES AT WEST: Brooklyn (West End)****Saturday, November 16, 3:30pm**

Drama, 2015, PG-13, 1hr 57min

Animation Afternoons: Inside Out 2**Thursday, November 21, 4pm**

Comedy, 2024, PG, 1hr 36 mins

Family Movie: Annie (1982)**Saturday, November 30, 2pm**

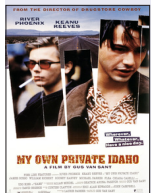
Musical, 1982, PG, 2hr 7min

LB GARDENING CLUB**LB Gardening Club: Plant it Forward!****Wednesday, November 6, 7pm**

Join Regina Dlugokencky for a special garden club meeting.

LB Gardening Club**Friday, November 15, 11:30am**

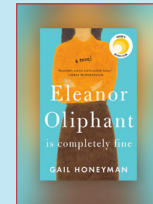
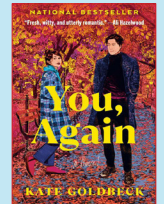
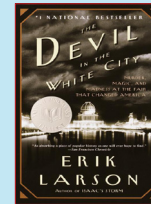
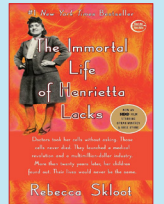
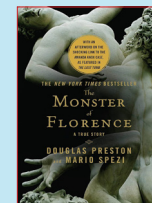
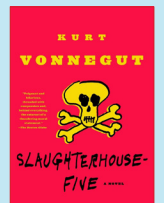
Join our LB Gardening Club to discuss all things gardening! We meet on the third Friday of every month.

**LGBTQ+ Cinema****Thursday, November 7, 6pm**This month, *My Own Private Idaho*. River Phoenix and Keanu Reeves star in this haunting tale from Gus Van Sant about two young street hustlers. *Drama, 1991, R, 1hr 44 min***Poetry Open Mic Night****Wednesday, November 13, 6:30pm**

Calling all poets, spoken word artists, lyricists, and songwriters! Welcome to Long Beach Library's Unplugged Open Mic Night, hosted by former Nassau County Poet Laureates Paula Curci and Peter Dugan.

**Vinyl Collectors Club****Thursday, November 14, 7pm**

Share your love of vinyl with fellow collectors!

This month's theme is DUETS.. Bring in an album or two to spin a few tracks. **Please register.****WEST END BOOK CLUB**
WED, NOV 6, 6:30PM**ROMANCE BOOK CLUB**
MON, NOVEMBER 11, 7PM**BOOKS & BREWS**
TUES, NOV 12, 7PM**HISTORICAL FICTION**
FRI, NOVEMBER 15, 2PM**LBNY BESTSELLER**
WED, NOVEMBER 20, 7PM**TARA'S TBR BOOK CLUB**
WED, NOVEMBER 20, 7PM**TRUE CRIME BOOK CLUB**
SAT, NOVEMBER 23, 2PM**SCI-FI & FANTASY BOOK CLUB**
TUES, NOV 26, 7:30PM**LBPL Presents:****Comedy Open Mic Night****Thursday, November 21, 7:30pm**

Attention all comedians new or old looking to sharpen their skills. Join us for our Comedy Open Mic Night hosted by our very own Jewels!

Please register.



Mondays at 1pm
Wednesdays at 1pm

Book a 30-minute appointment with Lenora, an LBPL reference librarian with training in job search help and resume assistance.

Please register.



Open Mic Night
at West (West End)
Thurs, Nov. 14, 7pm

Come perform five minutes of standup comedy, play an instrument, sing, or recite poetry at our West End Open Mic! (For Adults 18+) **Please register.**

LBPL Scribblers Writing Workshop
Saturday, November 16, 1pm

Join published author and creative writing teacher Marc DeSantis for this interactive writing circle. Bring works in progress and writing materials. **Please register.**



Tech Guy Talks:
Password Managers
Monday, Nov 25, 8pm

Join the Tech Guy for this informative

presentation. We will discuss what password managers are; how they can help you elevate your digital security; and review their pros and cons. Q&A to follow. **Please register.**



Women's Empowerment Group with Anissa Moore
Wed., November 20, 7pm

Join Anissa Moore, Deputy County Executive for Health and Human Services, for this monthly gathering of support. **Please register.**

NOVEMBER AUTHOR TALKS



STANLEY MILFORD, JR.
NOVEMBER 7 | 7PM

STANLEY MILFORD, JR.

JAVIER ZAMORA
NOVEMBER 14 | 4PM



Join us! Register online now!
Visit <https://library.org/longbeachlibrary> to sign up.



TEEN NIGHT

Glow in the Dark Canvases

Wed, November 6, 5:30pm

Mini Scrapbooks

Wed, November 13, 5:30pm

Gratitude Journals

Wed, November 20, 5:30pm



Registration Required for all Exercise Classes

Pilates

Mondays at 6pm

Join instructor Pat Cappeto for this engaging Pilates class! Bring a mat to practice on!

Chair Yoga

Fridays at 9am (Hybrid)

A full-body practice that will help strengthen your nervous system and reduce stress and stiffness.

Accessible Yoga for Every Body

Mondays at 10am (Hybrid)

Build strength and flexibility along with a calmer mind in this accessible yoga for every body with Miriam Abrahams. Beginners are welcome, and this class is open to all.

Zumba

Wednesdays at 9:30am

Zumba is a fitness program that involves cardio and Latin-inspired dance.

Meditation

Wed, Nov. 27, 2:15pm (Hybrid)

Meditation session with Lisa Wisel, MS, BC-DMT, LCAT. Learn how to be in alignment and replenish the peace that resides within you. You can join on Zoom or In Person.

Chair Yoga (West End)

Wednesdays at 3pm

Join us at the West End Branch of the Long Beach Library for this beginner-friendly Chair Yoga class.

Yoga for Health & Peace

Saturdays at 9:45am

This Hatha yoga class, with Stephanie Durso, is designed to strengthen and lengthen your muscles and free your mind.



Acrylic Painting 101

Saturday, November 16, 1pm

Paint along with instructor Joan Lazarus as you create a painting of a cardinal amongst the birch trees. \$10 materials fee. **Please Register.**



Self Care Saturday: Restorative Yoga

Saturday, November 9, 3pm

Restorative yoga focuses on long-held poses with the support of props to help the body fully relax. **Please Register.**



Chopra Meditation for Stress Relief and Improved Sleep

Wednesday, November 13, 7pm (Point Lookout)

Wednesday, November 20, 7pm (West End)

Gary Jansen is a Deepak Chopra Certified Meditation and Health Instructor and will help you achieve positive lifelong change through meditation. **Please register.**



Albums & Asanas: Talking Heads: Burning Down the Sage

Wednesday, November 26, 7pm

Join the yoga flow as we spin vinyl from the library's NEW record collection. This month we will be featuring the music of Talking Heads!