

MAIN LIBRARY HOURS

Monday, 9am-9pm
 Tuesday, 11am-9pm
 Wednesday, 9am-9pm
 Thursday, 9am-9pm
 Friday, 9am-5pm
 Saturday, 9am-5pm
 Sunday, 1pm-5pm

Board of Trustees:

Gemma Tansey, Mary Ellen Guarini,
 Robin Donovan, Anita LaSpina,
 Sam Pinto

Library Director:

Tara Lannen-Stanton

Assistant Director:

Jakea Williamson

**Meditative Dance**

Sunday, Dec 8, 1:30pm

This meditative movement class promotes profound somatic healing. If you've ever tried to sit still to meditate and struggled to stop the thoughts in your head, this is for you! As a Licensed Mental Health Counselor and a lifelong dancer, Marissa Moser is inspired by the connection between mind + body + soul. **Please register.**

**Game Night at West**

**Wednesday,
 December 11,
 5:45-7:45pm**

Come play board games or cards at West! We have several games including Monopoly, Scrabble, Pictionary, Backgammon, and Connect 4. **Please register.**

CANASTA CLUB

Wednesdays, 11am

MAH-JONGG CLUB

Wednesdays, 11am

**Family Holiday Photo Shoot!**

Tuesday, December 3, 5:30-8pm

Don't let another year go by without a treasured picture of you and your loved ones. **This is a free service being offered by the Library. Registration required.**

**Mount Sinai South Nassau Vaxmobile Community Health Bus**

Thursday, December 12, 10am-2pm

The Vaxmobile will be on site to promote health and wellness awareness and administer free Covid 19 vaccines and flu shots. **Please register.**

**Learn to Crochet**

Saturday, December 7, 14, 11am

The crochet workshop is part of a 3-session series. There will be a \$10 materials fee.

Maker Monday: Snowy Candle Jar

Monday, December 9, 2pm

Make snowy candle jars.

Wine Cork Snowflake Photo Holder

Tuesday, December 10, 6:30pm

Upcycle used wine corks into a wintery photo holder.

FUN FOR ALL: Ugly Sweater Workshop

Saturday, December 14, 2pm (Point Lookout)

Sunday, December 15, 1:30pm (Main Branch)

Wednesday, December 18, 4:30pm (West End)

Bring a sweater of your choice and we'll provide the knick-knacks and do-dads to make it spectacularly ugly! Creepy iron-on decals? We've got that. Puffy paint and pom-poms? We've got that, too! Sequins optional.



DECEMBER 2024
PROGRAMS & EVENTS

Monday, Dec 2	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>Late Bloomers</i>
6-7 PM	Pilates
Tuesday, Dec 3	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
5:30-8:30 PM	Family Holiday Photo Shoot!
Wed, Dec 4	
9:15 AM-12:15 PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Community Legal Help Information
1-3 PM	NY State of Health Marketplace Enrollment Assistance Info
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
2-3 PM	Author Talk with with Dr. Jeffrey Post (Zoom)
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night: No Sew Snowmen
6:30-8 PM	West End Book Club: <i>Midnight at the Blackbird Cafe</i>
Thursday, Dec 5	
9 AM-12 PM	ESL with the Adult Learning Center
6:30-7:30 PM	Alzheimer's/Dementia Caregivers Support Group
6:30-8 PM	Enchanting Evening of Music with Jenny Feygin
7-8:30 PM	Open Mic Night at West (West End)
Friday, Dec 6	
9-10 AM	Chair Yoga (Hybrid)
1-4 PM	Film School 101: <i>The Best Years of Our Lives</i>
5-7 PM	Point Lookout Stroll
Saturday, Dec 7	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
11 AM-12:30 PM	Learn to Crochet
3-5 PM	Fun For All: <i>The Nightmare Before Christmas Sing-Along</i>
3:30-5:30 PM	MOVIES AT WEST: <i>Elf</i> (West End)
Sunday, Dec 8	
1:30-2:30 PM	Meditative Dance
Monday, Dec 9	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-3 PM	Maker Monday: Snowy Candle Jar
2-4 PM	Monday Matinee: <i>The Merry Gentlemen</i>
7-8 PM	The Romance Book Club: <i>A Merry Little Meet Cute</i> (West End)
Tuesday, Dec 10	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
2-4 PM	Friends of the Library Meeting
6:30-7:30 PM	Adult Craft: Wine Cork Snowflake Photo Holder
6:30-8:30 PM	Bad Movie Night: <i>Cats</i>
7-8:30 PM	Books & Brews: <i>Thank you (Falletinme Be Mice Elf Agin)</i>
Wed, Dec 11	
9 AM-12PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
2-3 PM	Author Talk with with Laura Dave (Zoom)

2:15-3 PM	Meditation (Hybrid)
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night: Ugly Sweaters!
5:45-7:45 PM	Game Night at West (West End)
6:30-8:30 PM	Poetry Open Mic Night!
7-7:45 PM	Chopra Meditation for Stress Relief & Improved Sleep (Point Lookout)
Thursday, Dec 12	
9 AM-12 PM	ESL with the Adult Learning Center
10 AM-2 PM	Mount Sinai South Nassau Vaxmobile Health Bus
7-8:45 PM	Movie: <i>The Hitchhiker's Guide to the Galaxy</i>
Friday, Dec 13	
9-10 AM	Chair Yoga (Hybrid)
1-3 PM	Film Friday: <i>Blink Twice</i>
Saturday, Dec 14	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
11 Am-12:30 PM	Learn to Crochet
1-3 PM	Scribblers: LBPL Writing Workshop
1-3 PM	Acrylic Painting 101
2-3 PM	Self Care Saturday: Restorative Yoga
2-4 PM	FUN FOR ALL: Ugly Sweater Workshop (Point Lookout)a
5:15-8 PM	Electric Light Parade (West End))
Sunday, Dec 15	
1:30-3:30 PM	FUN FOR ALL: Ugly Sweater Workshop
2-3:3 0PM	Dueling Pianos with John Arden
Monday, Dec 16	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
11:30 AM-12:30 PM	Monthly Mommy Mixer!
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4:15 PM	Monday Matinee: <i>Fly Me to The Moon</i>
6-7 PM	Pilates
Tuesday, Dec 17	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
7-8 PM	Albums & Asanas: Olivia Rodrigo Flow
7:30-8:30PM	Sci-Fi & Fantasy Book Club: "The Hitchhiker's Guide to the Galaxy" by Douglas Adams (LB Coffee and Tee)
Wednesday, Dec 18	
9 AM-12 PM	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
4:30-6 PM	FUN FOR ALL: Ugly Sweater Workshop (West End)
6-6:45 PM	Teen Night: Holiday Ornament & Ugly Sweater Party!
7-7:45 PM	Chopra Meditation for Stress Relief & Improved Sleep (West End)
7-8:30 PM	LBNY Bestseller Club: <i>Annual Title Swap & Pot Luck (Hybrid)</i>
7-8:30 PM	Tara's TBR Book Club: <i>The Rich People Have Gone Away</i>
Thursday, Dec 19	
9 AM-12 PM	ESL with the Adult Learning Center
4-6 PM	Animation Afternoons: <i>The Polar Express</i>
7-8 PM	Vinyl Collectors Club (West End)
7:30-9 PM	LBPL Presents: Comedy After Dark
Friday, Dec 20	
9-10 AM	Chair Yoga (Hybrid)
11:30-12:30 PM	LB Garden Club: Holiday Party!
1-3 PM	Film Friday: <i>A Midnight Clear</i>
2-3 PM	Historical Fiction Book Club: <i>The Lions of Fifth Avenue</i>

Saturday, Dec 21	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
2-4 PM	Family Movie: <i>The Muppet Christmas Carol</i>
Sunday, Dec 22	
1:30-3 PM	Winter Solstice Yoga & Meditation
Monday, Dec 23	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Monday Matinee: <i>Home Alone</i>
6-7 PM	Pilates
Tuesday, Dec 24	Library Closed - Christmas Eve
Wednesday, Dec 25	
Thursday, Dec 26	
3-4 PM	Kanopy Overview (Zoom)
6-8 PM	LGBTQ+ Cinema: Hairspray
Friday, Dec 27	
9-10 AM	Chair Yoga (Hybrid)
1-2 PM	Libby Help
1-3 PM	Film Friday: <i>Didi</i>
3:45-4:45 PM	Family Craft: Recycled Book Ends
Sat, Dec 28	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
2-4 PM	Cult Classic Film: <i>Real Genius</i>
Monday, Dec 30	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Monday Matinee: Deadpool & Wolverine
6-7 PM	Pilates
8-8:45 PM	Tech Guy Talks: Password Managers
Tuesday, Dec 31	Library Closed - New Years Eve
Wednesday, Jan 1	
Library Closed - New Years Day	



NY State of Health Marketplace Enrollment Assistance Information

Wednesday, December 4, 1pm

Come and learn about how health insurance works and speak with a NY State of Health Insurance Enrollment Assistor about choosing a plan that is right for you.

Friends of the Library Meeting

Tuesday, December 10, 2pm

The Friends of the Library holds events, offers volunteer opportunities, and runs special projects to support the Library.

Community Legal Help Information

Wednesday, Dec 4, 1pm

Do you need help with a legal problem? The Community Legal Help Project will have an information session on free legal services for low income residents of Nassau County.

Alzheimer's/Dementia Caregivers Support Group

Thursday, Dec 5, 7pm

Join a trained facilitator and other caregivers in this safe place for family members and friends of people living with dementia to develop a support system.



VINYL LISTENING LOUNGE

NOW OPEN!

The Long Beach Art League presents...

IMAGINATION

a juried exhibit

Join Us for Our General Meeting at the Library on Wednesday, November 6th – 7:00-8:30PM
Thomas Germano will Judge, Award and Discuss the Artwork

Art by Bergés Alvarez

Long Beach Art League

On Display in the Library Gallery November 2–30, 2024

For more information visit us at : www.longbeachartleague.com



Kanopy Overview

Thursday, December 26, 3pm (Zoom)

Join librarian Ron Carroll for an overview of Kanopy! With over 30,000 available films, the Kanopy movie streaming service specializes in quality entertainment: indie films, documentaries, foreign films, classic cinema, PBS, The Great Courses, and so much more.



Libby Help

Friday, December 27, 1pm

Need some help reading or listening to digital books? Drop in for one-on-one assistance from Library Director Tara on using Libby, your Kindle, or another device for reading and listening to digital books. Not even sure where to start? Stop by and we'll figure it out together :) ***First-come, first-served.***

NOTE: UNLESS OTHERWISE INDICATED, EVENTS ARE HELD AT MAIN LIBRARY.

Programs are subject to change and may require prior registration. Scan this code on your phone to view the online calendar for details and registration.

FOR MORE PROGRAM AND EVENT INFORMATION CHECK OUT OUR WEBSITE:
[HTTPS://LONGBEACHLIBRARY.ORG](https://longbeachlibrary.org)





MOVIES

Fun For All: *The Nightmare Before Christmas* Sing-Along
Saturday, December 7, 3pm
 Family/Musical, 1993, PG, 1h 16m

MOVIES AT WEST: *Elf*
Saturday, December 7, 3:30pm
 Holiday Comedy, 2003, PG, 1hr 37min

Bad Movie Night: *Cats*
Tuesday, December 10, 6:30pm
 Musical Drama, 2019, PG, 1hr 50min

Animation Afternoons: *The Polar Express*
Thursday, December 19, 4:00pm
 Adventure, 2004, G, 1h 39m

Family Movie: *The Muppet Christmas Carol*
Saturday, December 21, 2pm
 Family/Musical, 1992, G, 1h 25m

Cult Classic Film: *Real Genius*
Saturday, December 28, 2pm
 Comedy, 1985, PG, 1hr 48min



Poetry Open Mic Night
Wednesday, December 11, 6:30pm

Calling all poets, spoken word artists, lyricists, and songwriters! Welcome to Long Beach Library's Unplugged Open Mic Night, hosted by former Nassau County Poet Laureates Paula Curci and Peter Dugan.



Vinyl Collectors Club
Thursday, December 19, 7pm (West End)

Share your love of vinyl with fellow collectors! This month's theme is "Wish They Were Still Here". Bring in an album or two to spin a few tracks. **Please register.**



LB GARDEN CLUB

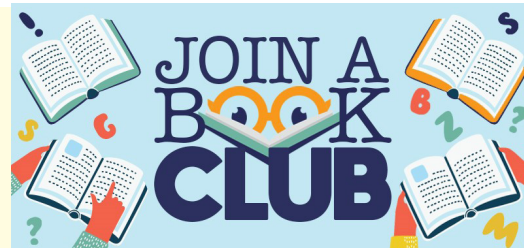
LB Garden Club: Holiday Party!
Friday, December 20, 11:30am

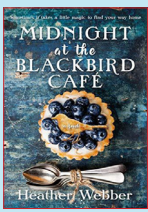
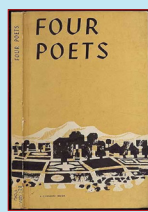
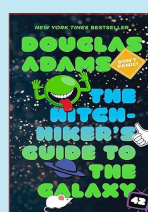
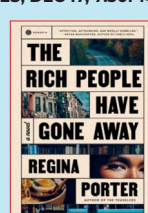
Do you love gardening and want to meet others in your community who love gardening too? Join our LB Gardening Club to discuss all things gardening! Promoting the love of gardening one seed at a time.



LGBTQ+ Cinema
Thursday, December 26, 6pm

This month, *Hairspray*. An unpopular but optimistic high-school teen in early 1960s Baltimore gets onto a local dance program *Musical*, 1988, PG, 90 min.



 WEST END BOOK CLUB WED, DECEMBER 4, 6:30PM	 ROMANCE BOOK CLUB MON, DECEMBER 9, 7PM
 BOOKS & BREWS TUES, DECEMBER 10, 7PM	 GREAT BOOKS MON, DECEMBER 16, 2PM
 SCI-FI & FANTASY BOOK CLUB TUES, DEC 17, 7:30PM	 LBNY BESTSELLER POTLUCK WED, DECEMBER 18, 7PM
 TARA'S TBR BOOK CLUB WED, DECEMBER 18, 7PM	 HISTORICAL FICTION FRI, DECEMBER 20, 2PM



SEKOU ALI JOE PONTILLO NATALIE GOGGIN

LBPL Presents: Comedy After Dark
Thursday, December 19, 7:30pm

Jewels presents. Comedy After Dark with headliner Joe Pontillo. Featuring Sekou Ali and Natalie Goggin

Please register.



Mondays at 1pm Wednesdays at 1pm

No program on Dec 25 & Jan 1

Book a 30-minute appointment with Lenora, an LBPL reference librarian with training in job search help and resume assistance. **Please register.**

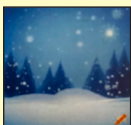


Open Mic Night at West (West End) Thurs, Dec 5, 7pm

Come perform five minutes of standup comedy, play an instrument, sing, or recite poetry at our West End Open Mic! (For Adults 18+) **Please register.**

LBPL Scribblers Writing Workshop Saturday, December 14, 1pm

Join published author and creative writing teacher Marc DeSantis for this interactive writing circle. Bring works in progress and writing materials. **Please register.**



Acrylic Painting 101

Saturday, December 14, 1pm

Paint along with instructor Joan Lazarus as you create a painting of a winter scene. \$10 materials fee. **Please Register.**



Tech Guy Talks: Password Managers Monday, Dec 30, 8pm

Join the Tech Guy for this informative presentation. We will discuss what password managers are; how they can help you elevate your digital security; and review their pros and cons. Q&A to follow. **Please register.**

DECEMBER AUTHOR TALKS



DR. JEFFREY POST
DECEMBER 4 | 2PM

LAURA DAVE
DECEMBER 11 | 2PM



Join us! Register online now!
Visit <https://library.org/longbeachlibrary> to sign up.



TEEN NIGHT

No Sew Snowmen

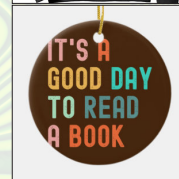
Wed, December 4, 5:30pm

Ugly Sweaters!

Wed, December 11, 5:30pm

Holiday Ornament & Ugly Sweater Party!

Wed, December 18, 6:00pm



Registration Required for all Exercise Classes

Pilates

Mondays at 6pm

No class on Dec 9 or 29

Join instructor Pat Cappeto for this engaging Pilates class! Bring a mat to practice on!

Chair Yoga

Fridays at 9am (Hybrid)

A full-body practice that will help strengthen your nervous system and reduce stress and stiffness.

Accessible Yoga for Every Body

Mondays at 10am (Hybrid)

Build strength and flexibility along with a calmer mind in this accessible yoga for every body with Miriam Abrahams. Beginners are welcome, and this class is open to all.

Zumba

Wednesdays at 9:30am

No class on Dec 25 & Jan 1

Zumba is a fitness program that involves cardio and Latin-inspired dance.

Meditation

Wed, Dec 11, 2:15pm (Hybrid)

Meditation session with Lisa Wisel, MS, BC-DMT, LCAT. Learn how to be in alignment and replenish the peace that resides within you. You can join on Zoom or In Person.

Chair Yoga (West End)

Wednesdays at 3pm

No class on Dec 25 & Jan 1

Join us at the West End Branch of the Long Beach Library for this beginner-friendly Chair Yoga class.

Yoga for Health & Peace

Saturdays at 9:45am

This Hatha yoga class, with Stephanie Durso, is designed to strengthen and lengthen your muscles and free your mind.



Self Care Saturday: Restorative Yoga

Saturday, December 14, 2pm

Restorative yoga focuses on long-held poses with the support of props to help the body fully relax. **Please Register.**



Chopra Meditation for Stress Relief and Improved Sleep

Wednesday, December 11, 7pm (Point Lookout)

Wednesday, December 18, 7pm (West End)

Gary Jansen is a Deepak Chopra Certified Meditation and Health Instructor and will help you achieve positive lifelong change through meditation. **Please register.**



Albums & Asanas: Olivia Rodrigo Flow

Tuesday, December 17, 7pm

Join the yoga flow as we spin vinyl from the library's NEW record collection. This month's yoga flow featuring Olivia Rodrigo! **Please register.**

Also, Tuesday, January 7, 7pm



Winter Solstice Yoga & Meditation

Sunday, December 22, 1:30pm

Welcome the Winter Solstice. In celebration Gary Jansen (Chopra Meditation) and Nicole will lead an evening of inner connection through yoga and meditation. **Please Register.**