

MAIN LIBRARY HOURS

Monday, 9am-9pm
 Tuesday, 11am-9pm
 Wednesday, 9am-9pm
 Thursday, 9am-9pm
 Friday, 9am-5pm
 Saturday, 9am-5pm
 Sunday, 1pm-5pm

Board of Trustees:

Gemma Tansey, Mary Ellen Guarini,
 Robin Donovan, Anita LaSpina,
 Sam Pinto

Library Director:

Tara Lannen-Stanton

Assistant Director:

Jakea Williamson

St Francis Hospital Health Bus
Tuesdays, February 5, 10am-2pm


Join our partners
 from St. Francis
 Hospital for free
 health screenings.

Includes a brief cardiac history, blood pressure, and a simple blood test for cholesterol and diabetes for adults 18 and older. They can also provide patient education and referrals. No appointment is required. **FREE FLU SHOTS AVAILABLE!!**

AARP Tax-Aide
Tuesdays from
Tax-Aide™ 11am-3pm

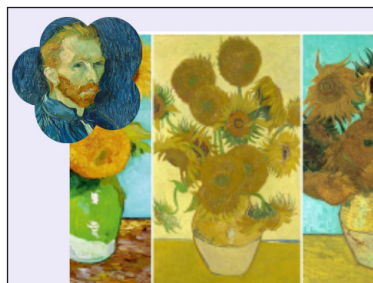
This program is aimed at low to moderate income taxpayers with simple tax returns that can be prepared in less than one hour. Tax appointments may be booked in person or by phoning Adult Services 516-432-7201 x225.

CANASTA CLUB

Wednesdays, 11am

MAH-JONGG CLUB

Wednesdays, 11am


Vincent Van Gogh
The Art of Flowers Oil Painting Series II

Thursday, February 6, 13, 20, 27, 11:00am - 1:00pm

Point Lookout Library

Rosa Maria Goeller leads this series of four oil painting classes exploring the beauty of flowers as seen through the eyes of Vincent Van Gogh. Materials are provided by the instructor. Please note your are registering to attend four classes. Registration is required.

Naloxone (Narcan) Training

Tuesday, February 25, 6-7:30pm

Acquire the knowledge and skills needed to recognize and respond to an opioid overdose. Attendees will be provided with free Narcan kits from CN Guidance and Counseling Services, Inc., following the event. For ages 18 and older, but 16/17 years old may attend if accompanied by a parent. **Please Register.**

Reading to Dogs Interest Meeting with Bideawee

Tuesday, February 18, 10:30-11am

Join us and some two and four-legged representatives from Bideawee animal shelter to learn about volunteering for their Pet Therapy program. If you believe you and your dog may be a good fit, or just want to know more, come chat with us at this short informational meeting. **Please Register.**

**Winter Mitten Door Hanger**

Tuesday, February 11, 6:30am (Main Branch)

Use decoupage and embellishments to create an adorable winter themed door hanger. Space is limited.

Valentine's Day Heart Craft

Wednesday, February 12, 4:30pm (Point Lookout)

Thursday, February 13, 11:30am (Main Branch)

Thursday, February 13, 3pm (West End)

Decorate a wooden heart with doilies, buttons, and bows to create a sweet decoration for Valentine's Day. Please register for only ONE session.

Learn to Crochet

Saturdays, February 15, 22, March 1, 11am

Please register for the first session on February 15th to attend all three sessions. There will be a \$10 materials fee.

Acrylic Painting 101

Saturday, February 22, 1pm

Join instructor Joan Lazarus in this monthly painting tutorial. This month's painting is to be announced.

Maker Monday: Pin Pals

Monday, February 24, 2pm

Join us for Maker Monday! This Monday, we'll be making pin pals with bowling pins donated from Maple Lanes.



FEBRUARY IS BLACK HISTORY MONTH.

LEST WE FORGET, BLACK HISTORY IS AMERICAN HISTORY,
365 DAYS A YEAR.



Saturday, February 8th, 12-4pm

Gain a deeper understanding of the horrors of slavery in America via a display and discussion of slave artifacts, bill-of-sale documents and Jim Crow objects in this special traveling exhibit.



Gwen Ragsdale
2pm

Museum Director and Curator Gwen Ragsdale discusses the exhibit and the mission of the museum at 2 pm.

**Celebrate Lunar New Year**

Sunday, February 16, 2pm

Join us in ringing in the Lunar New Year with an engaging series of presentations celebrating a variety of Asian cultures and traditions, including a Taiko Drum performance and Martial arts presentation by the Ryu Shu Kan Center, and traditional and Lion dance performances by the Chinese Center of Long Island, along with arts and crafts. Presented in collaboration with Artists in Partnership. **Please register.**

ARTISTS IN PARTNERSHIP & LONG BEACH PUBLIC LIBRARY PRESENT

LOVE & JAZZ
featuring Rahsaan Cruse, Jr. and Trio


Sunday, February 9,
2:30-3:45pm

**Sargent & Fashion**

Wed, February 5, 7-8:30pm

Hybrid (In person or on Zoom)
 Sargent and Fashion is an exploration of the art of John Singer Sargent (1864-1925) the greatest portraitist of the gilded age, and his relationship to fashion. Join Professor Thomas Germano for this visual lecture. **Registration required.**

**Friendship Speed Dating**

Palentine's Edition

Thursday, February 13, 6:30-8pm

Join us for a Valentine's speed-dating style friendship mixer! Mingle with other locals looking to make new friends in the area. Light refreshments provided. Adults only. **Registration required.**

FEBRUARY 2025 PROGRAMS & EVENTS

Saturday, Feb 1	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
Sunday, Feb 2	
1:30-2:30	Meditative Dance
Monday, Feb 3	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>How I Learned to Fly</i>
Tuesday, Feb 4	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
2-3 PM	How We Create Pandemics, From Our Bodies to Our Beliefs with Smithsonian Curator Sabrina Sholts (Zoom)
6-8:30 PM	West End Arts Monthly Meeting
Wednesday, Feb 5	
9:15-12:15	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
10 AM-2 PM	St Francis Hospital Health Bus
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Community Legal Help Information
1-3 PM	NY State of Health Marketplace Enrolment Assistance
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night : Game Night!
6-8 PM	Point Lookout Film Club: <i>Young Frankenstein</i>
6:30-8 PM	West End Book Club: <i>Woman on Fire</i> (West End)
7-8:30 PM	Sargent & Fashion
Thursday, Feb 6	
9:15-12:15	ESL with the Adult Learning Center
11 AM-1 PM	Vincent Van Gogh: The Art of Flowers Oil Painting Series 2 (Point Lookout)
6:30-7:30 PM	Alzheimer's/Dementia Caregivers Support Group
7-8 PM	Vinyl Collectors Club
7-8:30 PM	Open Mic Night at West (West End)
Friday, Feb 7	
9:15-10:15 AM	Chair Yoga (Hybrid)
1-4 PM	Film School 101: <i>Airplane!</i>
Saturday, Feb 8	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
12-4 PM	Lest We Forget Slavery Museum Exhibit and Presentation
2-4 PM	Cult Classic Film: <i>The Last Dragon</i>
3:30-5:30 PM	MOVIES AT WEST: <i>Age of Adaline</i> (West End)
Sunday, Feb 9	
2:30-3:45 PM	LOVE & JAZZ featuring Rahsaan Cruse, Jr. and Trio
3:30-5 PM	Table-Top Gaming Club
Monday, Feb 10	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-4 PM	Monday Matinee: <i>Saturday Night</i>
6-7 PM	Pilates
7-8 PM	The Romance Book Club: <i>Bride</i> (West End)
Tuesday, Feb 11	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
2-4 PM	Friends of the Library Meeting
6:30-7:30 PM	Adult Craft: Winter Mitten Door Hanger

7-8 PM	Author Talk with Waubgeshig Rice (Zoom)
7-8:30 PM	An Oral History Panel with the Black Community of Long Beach in Partnership with Long Beach Historical Society Books & Brews: <i>Just Mercy</i> (Off-Site)
7-8:30 PM	
Wednesday, Feb 12	
9 AM-5:45 PM	LBPL Blood Drive with New York Blood Center
9:15 AM-12:15 PM	ESL with the Adult Learning Center
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
4:30-6 PM	Adult Craft: Valentine's Day Heart Craft (Point Lookout)
5:30-6:30 PM	Teen Night : Heart Wreath
5:45-7:45 PM	Game Night at West (West End)
6:30-8:30 PM	Poetry Open Mic Night!
7-7:45	Chopra Meditation Program (Point Lookout)
Thursday, Feb 13	
9:15-12:15	ESL with the Adult Learning Center
11 AM-1 PM	Vincent Van Gogh: The Art of Flowers Oil Painting Series 2 (Point Lookout)
11:30-1:30 PM	Adult Craft: Valentine's Day Heart Craft
3-4:30 PM	Adult Craft: Valentine's Day Heart Craft (West End)
6-8 PM	LGBTQ+ Cinema: <i>I Love You Phillip Morris</i>
6-8 PM	Local Artist Gallery "A Colorful Ambience" Reception
6:30-8 PM	Friendship Speed Dating - Parentines Edition
Friday, Feb 14	
9:15-10:15 AM	Chair Yoga (Hybrid)
1-3 PM	Film School 101: <i>When Harry Met Sally</i>
Saturday, Feb 15	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
11 AM-12:30 PM	Learn to Crochet
1-3 PM	LBPL Scribblers Writing Workshop
2-3 PM	True Crime Book Club: <i>The Third Rainbow Girl</i>
2-4 PM	2nd Annual Someone Special Dance
Sunday, Feb 16	
2-3 PM	Celebrate Lunar New Year
Monday, Feb 17	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
11:30 AM-12:30 PM	Monthly Mommy Mixer!
1-3 PM	Resume Help (Hybrid)
2-3 PM	Banned Book Club: " <i>BeLoved</i> " by Toni Morrison
2-4 PM	Great Books Discussion Group
2-4 PM	Monday Matinee: <i>White Bird</i>
6-7 PM	Pilates
Tuesday, Feb 18	
10:30-11 AM	Reading to Dogs Interest Meeting with Bideawee
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3PM	AARP Tax-Aide
2-3 PM	Author Talk with Lee Hawkins (Zoom)
3-5 PM	Fun For All : " <i>Frozen</i> " Sing Along
7-8 PM	Albums & Asanas: Soulful Sun Salutations
Wednesday, Feb 19	
9:15-12:15	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
3-4 PM	Chair Yoga (West End)
5:30-8:30 PM	Teen Night : Movie Night: <i>Wicked</i>
7-7:45 PM	Chopra Meditation for Stress Relief and Improved Sleep (West End)
7-8 PM	Tara's TBR Book Club: <i>Wait</i> by Gabriella Burnham
7-8:30 PM	Women's Empowerment Group with Anissa Moore

Thursday, Feb 20	ESL with the Adult Learning Center
9:15 AM-12:15 PM	Vincent Van Gogh: The Art of Flowers Oil Painting Series II
11 AM-1 PM	Animation Afternoons: <i>A Cat in Paris</i>
5-7 PM	
Friday, Feb 21	
9:15-10:15 AM	Chair Yoga (Hybrid)
11:30 AM-12:30 PM	LB Garden Club
1-3 PM	Film Friday: <i>Wicked Little Letters</i>
2-3 PM	Historical Fiction Book Club: <i>One Thousand White Women</i>
Saturday, Feb 22	
9:45-10:45 AM	Yoga for Health & Peace (Hybrid)
11 AM-12:30 PM	Learn to Crochet
1-3 PM	Acrylic Painting 101
1:30-2:30 PM	Self Care Saturday: Restorative Yoga
Monday, Feb 24	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Resume Help (Hybrid)
2-3 PM	Maker Monday: Pin Pals
2-4 PM	Monday Matinee: <i>Absolution</i>
7-9 PM	Library Board of Trustees Meeting
7:30-8:30 PM	Sci-Fi & Fantasy Book Club: " <i>Parable of the Sower</i> " (Off Site)
8-8:45 PM	Tech Guy Talks: Cyber Security Tricks
Tuesday, Feb 25	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
6-7:30 PM	Naloxone (Narcan) Training
Wednesday, Feb 26	
9:15-12:15	ESL with the Adult Learning Center
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club
11 AM-12:30 PM	Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
2-3 PM	Ask the Tech Guy
2:15-3 PM	Meditation (Hybrid)
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night : Winter Mitten Door Hanger
7-8:30 PM	LBNY Bestseller Book Club: <i>All the Sinners Bleed</i> (Hybrid)
7-8:30 PM	Finding Serenity Yoga & Meditation
Thursday, Feb 27	
9:15 AM-12:15 P	ESL with the Adult Learning Center
11 AM-1 PM	Vincent Van Gogh: The Art of Flowers Oil Painting Series II
Friday, Feb 28	
9:15-10:15 AM	Chair Yoga (Hybrid)
11:30 AM-1:30 PM	LB Garden Club: Seed Packing Party
1-3 PM	Film Friday: <i>Wade in the Water: A Journey Into Black Surfing and Aquatic Culture</i>

Friends of the Library Meeting

Tuesday, February 11, 2pm

The Friends of the Library holds events, offers volunteer opportunities, and runs special projects to support the Library.

Library Board of Trustees Meeting Monday, Feb 24, 7pm Please join LBPL's Board of Trustees and Library Administration for the monthly Board meeting. Please register.	Alzheimer's/Dementia Caregivers Support Group Thursday, Feb 6, 6:30pm Join a trained facilitator and other caregivers in this safe place for family members and friends of people living with dementia to develop a support system.
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The Long Beach Art League & LB Public Library present...

WHO we are

A Community Visual Artist Exhibit

Join Us for Our Next Meeting at the Library or via Zoom on Wednesday, February 5th 7:00-8:30PM

Professor Thomas Germano Presents an Art Lecture:
John Singer Sargent and Fashion



Jack Tenenztaph



In the Library Gallery – February 1 - March 1, 2025

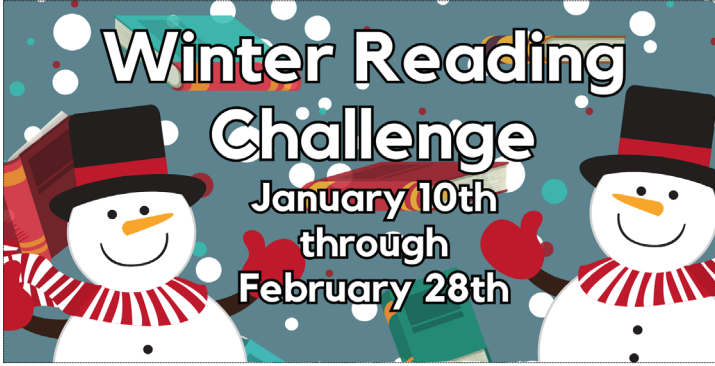
For more information visit us at : www.longbeachartleague.com



NASSAU LIBRARY
Quest

Embark on the Nassau Library Quest this winter!

Journey to 10 participating Nassau public libraries from January 25 - March 3 to complete the Quest. Get started by picking up a map at Long Beach Public Library. If you take a selfie in front of the Point Lookout or West End Branch Mini Quest poster while the branch is closed, you can still receive credit! Bring the selfie to the Main Branch and show it to us. For more information visit quest.nassaulibrary.org.

A festive graphic for a Winter Reading Challenge. It features two snowmen wearing black top hats with red bands and red-and-white striped scarves. The snowman on the left is holding a stack of books, and the one on the right is holding a red mitten. Between them, the text 'January 10th through February 28th' is displayed. The background is dark blue with white snowflakes and colorful circles. The title 'Winter Reading Challenge' is at the top in a large, white, outlined font.

Winter Reading Challenge

January 10th
through
February 28th

NOTE: UNLESS OTHERWISE INDICATED, EVENTS ARE HELD AT MAIN LIBRARY.
Programs are subject to change and may require prior registration. Scan this code on your phone to view the online calendar for details and registration.

FOR MORE PROGRAM AND EVENT INFORMATION
CHECK OUT OUR WEBSITE:
[HTTPS://LONGBEACHLIBRARY.ORG](https://longbeachlibrary.org)

A square QR code with a black and white pixelated pattern. In the center of the QR code is the Long Beach Public Library logo, which features a stylized blue wave above the text "LONG BEACH" in blue and "PUBLIC LIBRARY" in orange.



Point Lookout Film Club: *Young Frankenstein*

Wednesday, February 5, 6:00pm

Comedy, 1974, PG, 1hr 46min

Cult Classic Film: *The Last Dragon*

Saturday, February 8, 2pm

Action, 1985, PG13, 1hr 49min

MOVIES AT WEST: *Age of Adaline*

Saturday, February 8, 3:30pm

Romance, 2015, PG-13, 1hr 52min

Animation Afternoons: *A Cat in Paris*

Thursday, February 20, 5:00pm

Comedy, 2010, PG, 80min

Fun For All: Disney Sing Along: *Frozen*

Tuesday, February 18, 3PM

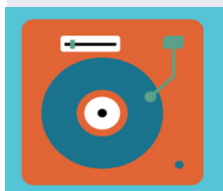
Musical, 2013, PG



Open Mic Night at West

Thursday, February 6, 7pm (West End)

Come perform five minutes of standup comedy, play an instrument, sing, or recite poetry at our West End Open Mic! (For Adults 18+) **Please register.**



Vinyl Collectors Club

Thursday, February 6, 7pm

Share your love of vinyl with fellow collectors! This month's theme is instrumental music. Bring in an album or two to spin a few tracks. **Please register.**



Poetry Open Mic Night

Wednesday, February 12, 6:30pm

Calling all poets, spoken word artists, lyricists, and songwriters! Welcome to Long Beach Library's Unplugged Open Mic Night, hosted by former Nassau County Poet Laureates Paula Curci and Peter Dugan.



LGBTQ+ Cinema

Thursday, February 13, 6pm

This month's Valentine's Day inspired film is, *I Love You Phillip Morris*.

Romance, Comedy, 2010 R, 1hr 38min.



LB Garden Club:

Promoting the love of gardening one seed at a time.

Friday, February 21, 11:30am

Seed Packing Party

Friday, February 28, 11:30am

LB Garden Club will be packing seeds for the Seed Library!

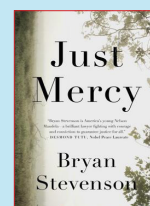
JOIN A BOOK CLUB



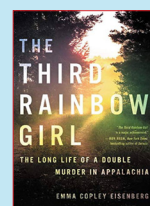
WEST END
WED, FEBRUARY 5, 6:30PM



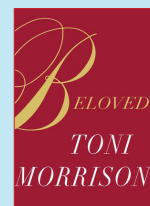
ROMANCE BOOK CLUB
MON, FEBRUARY 10, 7PM



BOOKS & BREWS
TUES, FEBRUARY 11, 7PM



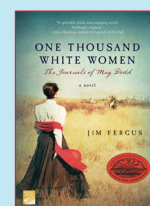
TRUE CRIME
SAT, FEBRUARY 15, 2PM



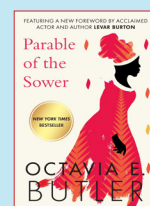
BANNED BOOK CLUB
MON, FEBRUARY 17, 2PM



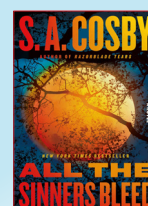
TARA'S TBR BOOK CLUB
WED, FEBRUARY 19, 7PM



HISTORICAL FICTION
FRI, FEBRUARY 21, 2PM



SCI-FI & FANTASY BOOK CLUB
MON, FEB 24, 7:30PM



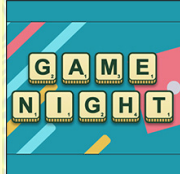
LBNY BESTSELLER
WED, FEBRUARY 26, 7PM

Oral History Panel with the Black Community of LB in Partnership with LB Historical Society
Tuesday, February 11, 7pm
Please register.



Mondays at 1pm Wednesdays at 1pm

Book a 30-minute appointment with Lenora, an LBPL reference librarian with training in job search help and resume assistance. **Please register.**



TEEN NIGHT

Game Night!

February 5, 5:30pm

Heart Wreath

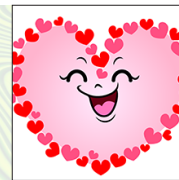
February 12, 5:30pm

Movie Night: Wicked

February 19, 5:30pm

Winter Mitten Door Hanger

February 26, 5:30pm



Registration Required for all Exercise Classes

Pilates

Mondays, Feb 10, 17 at 6pm

Join instructor Pat Cappeto for this engaging Pilates class! Bring a mat to practice on!

Chair Yoga

Fridays at 9:15am (Hybrid)

A full-body practice that will help strengthen your nervous system and reduce stress and stiffness.

Accessible Yoga for Every Body

Mondays at 10am (Hybrid)

Build strength and flexibility along with a calmer mind in this accessible yoga for every body with Miriam Abrahams. Beginners are welcome, and this class is open to all.

Zumba

Wednesdays at 9:30am

No class on Feb 12

Zumba is a fitness program that involves cardio and Latin-inspired dance.

Meditation

Wed, Feb 26, 2:15pm (Hybrid)

Meditation session with Lisa Wisel, MS, BC-DMT, LCAT. Learn how to be in alignment and replenish the peace that resides within you. You can join on Zoom or In Person.

Chair Yoga (West End)

Wednesdays at 3pm

Join us at the West End Branch of the Long Beach Library for this beginner-friendly Chair Yoga class.

Yoga for Health & Peace

Saturdays at 9:45am (Hybrid)

This Hatha yoga class, with Stephanie Durso, is designed to strengthen and lengthen your muscles and free your mind.



Meditative Dance Sunday, February 2, 1:30pm

This meditative movement class with Marissa Moser

promotes profound somatic healing. Please wear comfortable clothes. Bring a yoga mat, a water bottle, and an open mind. **Please Register.**

LBPL Scribblers Writing Workshop Saturday, February 15, 1pm

Join published author and creative writing teacher Marc DeSantis for this interactive writing circle. Bring works in progress and writing materials. **Please register.**



Tech Guy Talks: Cyber Security Tricks Monday, Feb 24, 8pm

Join the Tech Guy for this informative presentation. Learn

tips and tricks on how to stay safe on the Internet. Learn simple tricks to create a strong password and other tips to stay safe. **Please register.**



Chopra Meditation for Stress Relief and Improved Sleep

Wednesday, February 12, 7pm (Point Lookout)

Wednesday, February 19, 7pm (West End)

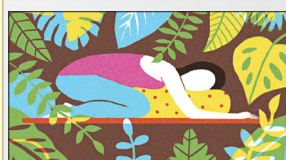
Gary Jansen is a Deepak Chopra Certified Meditation and Health Instructor and will help you achieve positive lifelong change through meditation. **Please register.**



Albums & Asanas: Soulful Sun Salutations

Tuesday, February 18, 7pm

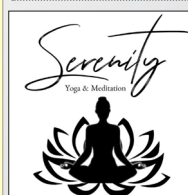
Join the yoga flow as we spin vinyl from the library's NEW record collection. This month we will be featuring the music of Otis Redding and Sam Cooke! **Please register.**



Self Care Saturday: Restorative Yoga

Saturday, February 22, 1:30pm

Restorative yoga focuses on long-held poses with the support of props to help the body fully relax. **Please Register.**



Finding Serenity: Yoga & Meditation

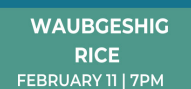
Wednesday, February 26, 7pm

Join Librarian Nicole and Gary Jansen to discover a peaceful escape from the chaos of everyday life in this yoga and meditation class designed to help you reconnect with your inner calm. **Please Register.**

FEBRUARY AUTHOR TALKS



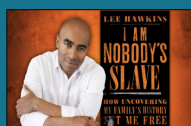
**SABRINA
SHOLTS**
FEBRUARY 4 | 2PM



**WAUBGESHIG
RICE**
FEBRUARY 11 | 7PM



**LEE
HAWKINS**
FEBRUARY 18 | 2PM



Join us! Register online now!

Visit <https://library.org/longbeachlibrary> to sign up.