

MAIN LIBRARY HOURS

Monday, 9am-9pm
 Tuesday, 11am-9pm
 Wednesday, 9am-9pm
 Thursday, 9am-9pm
 Friday, 9am-5pm
 Saturday, 9am-5pm
 Sundays, 1-5pm

Board of Trustees:

Mary Ellen Guarini, Anita LaSpina,
 Sam Pinto, Anja Schmidt-Muskin,
 Gemma Tansey

Library Director:
 Tara Lannen-Stanton
 Assistant Director:
 Jakea Williamson

Writers' Support Group
Mondays 1-3pm

Here is an opportunity to connect with your inner-voice and express yourself in writing. All skill levels welcome!

Please register.**Foundations of Investing**
Wed., February 4, 7-8pm

Presented by Kyle Hauptman of Edward Jones for people who are either new to investing or need a refresher.

Please register.**7 Things to Do in the Decade Before you Retire****Wednesday, February 11, 7-8pm**

Financial advisor Kyle Hauptman returns with 7 Things to Do in the Decade before you Retire. As you approach the finish line of your working career, learn what strategies you should implement to make sure that you can live your dream retirement. **Please register.**

CANASTA CLUB**Wednesdays, 11am****MAH-JONGG CLUB****MAH JONGG****Wednesdays, 11am****Caravaggio's Boy**
with a Basket of Fruit
Wednesday, February 4, 7-9pm

Professor Thomas Germano presents this visual lecture on the great master Caravaggio. This exhibition at the Morgan Library and Museum celebrates the extraordinary loan from the Galleria Borghese in Rome. Co-Sponsored by LB Art League. **Please register.**

**Craft Projects for Adults****Registration required****Crochet, Knit & More Club**
Saturdays, 10:30am-12pm

Enjoy a creative, supportive space to work on projects, learn new stitches, and connect with fellow crafters.

Adult Craft: Boho Heart Craft
Tuesday, February 3, 7pm

Ribbon, wooden hearts and ribbon tassels come together to make this sweet Valentine's decoration.

Let's Create Artists' Circle
Saturday, February 7, 11:30am

This workshop will offer a space for connection, sharing and collective creativity! All levels are welcome.

"I Love You To The Beach & Back" Hanging Heart
Monday, February 9, 2pm

Make an "I Love You To The Beach & Back" hanging wooden heart using shells, rope, hot glue and vinyl letters.

Watercolor for Beginners**Tuesdays, February 10, 17, 24, March 1, 1pm**

Discover the joy and beauty of watercolor in this welcoming four-session course for beginners.

Adult Craft: Aluminum Foil Stained Glass
Wednesday, February 11, 2:45pm (West End)
Thursday, February 19, 2:30pm (Point Lookout)

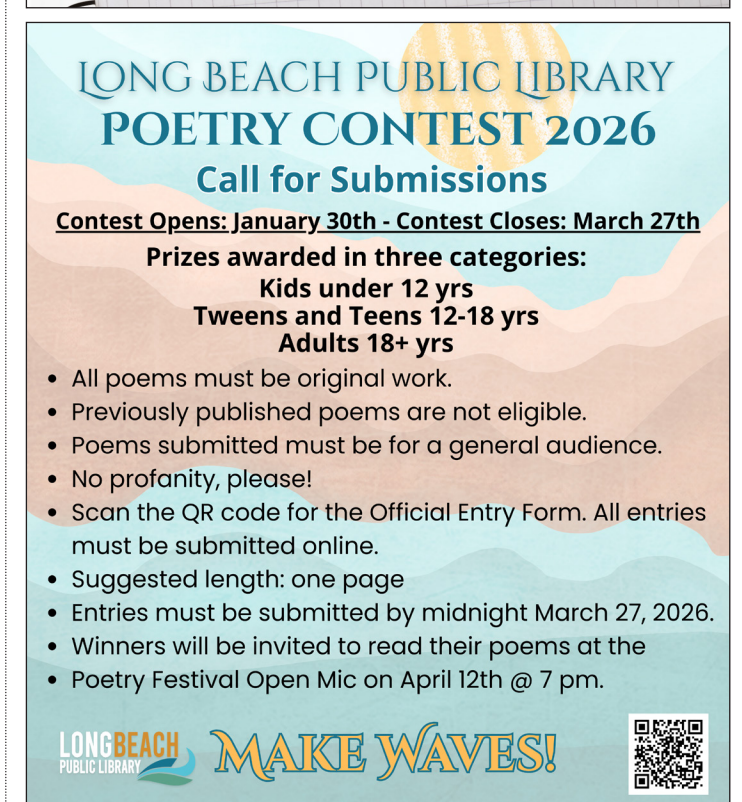
Design your own framed stained glass-inspired art-work using permanent marker and aluminum foil.

Tea & Tangles + Coloring & Coffee
Tuesday, February 17, 2pm

Calming Zentangle-style doodling with tea, or settle in with a cup of coffee and color your stress away.

Jane Austen Regency Craft and Games Program
Saturday, February 21, 3:30pm (West End)

Regency Era Crafts and Games popular during Jane Austen's life. Create a Regency Era Portrait Silhouette.



FEBRUARY 2026
PROGRAMS & EVENTS

Sunday, Feb. 1	
1:30-2:30 PM	Meditative Dance
Monday, Feb. 2	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
1-3 PM	Writers' Support Group
2-3 PM	Tai Chi for Arthritis and Fall Prevention - Point Lookout
2-3:45 PM	Great Books Discussion Group
2-4:30 PM	Monday Matinee: 42
6-7 PM	Pilates
Tuesday, Feb. 3	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
6-8:30 PM	West End Arts Monthly Meeting
7-8 PM	Adult Craft: Boho Heart Craft
7-9 PM	LB CCPTA Special Ed Resource Group PTA meeting
Wed, Feb. 4	
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Mah-Jongg Club & Canasta Club
1-3 PM	Community Legal Help
1-3 PM	NY State of Health Marketplace Enrollment Assistance
1-3 PM	Resume Help (Hybrid)
1:30-2:30 PM	Chair Yoga (West End)
2-3 PM	Ask the Tech Guy
2-3 PM	Tai Chi for Arthritis and Fall Prevention - Point Lookout
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night: Friendship Bracelets
6:30-8 PM	West End Book Club (West End)
7-8 PM	Foundations of Investing
7-8 PM	Art Lecture: Caravaggio's Boy with a Basket of Fruit
Thurs, Feb. 5	
11:45 AM-1:15 PM	Fear Free Drawing with Denise Gilgannon Collins
6-7 PM	Teen Tech Tutors
6-8 PM	Open Mic Night at West (West End)
6:30-7:30 PM	Alzheimer's/Dementia Caregivers Support Group
7-8 PM	Author Talk with Vanessa Riley
Friday, Feb. 6	
9:15-10:15 AM	Chair Yoga (Hybrid)
1-3 PM	Film 101: <i>Rudy</i>
Saturday, Feb. 7	
9:30-10:30 PM	Yoga for Health & Peace (Hybrid)
10:30 AM-12 PM	Crochet, Knit & More Club
11:30 AM-1 PM	Let's Create Artists' Circle
3:30-5:30 PM	MOVIES AT WEST: <i>Becoming Jane</i> (West End)
Monday, Feb. 9	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Writers' Support Group
2-3 PM	Adult Craft: "I Love You To The Beach & Back" Hanging Heart
2-4 PM	Monday Matinee: <i>A Big Bold Beautiful Journey</i>
6-7 PM	Pilates
7-8 PM	The Romance Book Club: Exes and O's (West End)
Tuesday, Feb. 10	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
1-3 PM	Watercolor for Beginners
2-4 PM	Baseball and Basketball in Days Gone By (Zoom)
7-8:30 PM	Books & Brews: <i>Blood & Ink</i> (Bright Eye Beer Co.)

Wednesday, Feb. 11	
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club & Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
1:30-2:30 PM	Chair Yoga (West End)
2-3 PM	Ask the Tech Guy
2:45-4 PM	Adult Craft: Aluminum Foil Stained Glass (West End)
5:45-7:45 PM	Family Game Night at West (West End)
6:30-8:30 PM	Poetry Open Mic Night!
7-7:45 PM	Chopra Meditation for Stress Relief (Point Lookout)
7-8 PM	7 Things to Do in the Decade Before you Retire
7-8 PM	Silent Book Club
Thursday, Feb. 12	
10 AM-2 PM	St Francis Health Bus Visit
11:45 AM-1:15 PM	Fear Free Drawing with Denise Gilgannon Collins
2-3 PM	Author Talk with Dr. Lindsey Stewart
3-5 PM	Social Worker Information Session
4-4:45 PM	"I Love You to Pieces" Valentine's Wreath
6-7 PM	Teen Tech Tutors
6-7:30 PM	Long Beach Writers Club
7-8:30 PM	Vinyl Collectors Club (West End)
Friday, Feb. 13	
9:15-10:15 AM	Chair Yoga (Hybrid)
1-3 PM	Film 101: <i>Lean on Me</i>
Saturdy, Feb. 14	
9:30-10:30 AM	Yoga for Health & Peace (Hybrid)
10:30 AM-12 PM	Crochet, Knit & More Club
1-3 PM	LBPL Scribblers Writers Workshop
2-3 PM	True Crime Book Club: <i>The Barn</i>
3:30-4:15 PM	"I Love You to Pieces" Valentine's Wreath
Sunday, Feb. 15	
1-3:30 PM	Lunar New Year Celebration
Monday, Feb. 16	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
11 AM-1 PM	Writers' Circle (Zoom)
1-3 PM	Resume Help (Hybrid)
1-3 PM	Writers' Support Group
2-4 PM	Great Books Discussion Group
2-5 PM	Monday Matinee: <i>Lincoln</i>
6-7 PM	Pilates
Tuesday, Feb. 17	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
1-3 PM	Watercolor for Beginners
2-3 PM	Tea & Tangles + Coloring & Coffee
7-8 PM	Friends of the Library Meeting
Wednesday, Feb. 18	
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club & Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
1:30-2:30 PM	Chair Yoga (West End)
2-3 PM	Ask the Tech Guy
2-3 PM	Tai Chi for Arthritis and Fall Prevention - Point Lookout
3-4 PM	Chair Yoga (West End)
5-7:30 PM	Teen Night: Movie Night <i>Wicked for Good</i>
7-7:45 PM	Chopra Meditation for Stress Relief (West End)
7-8 PM	Retirement: Making Your Money Last
Thursday, Feb. 19	
10-11 AM	Books & Bagels: A Literary Breakfast Club
2:30-4 PM	Adult Craft: Aluminum Foil Stained Glass (Point Lookout)
6-7 PM	Teen Tech Tutors
7-8 PM	Bingo at West (West End)
Friday, Feb. 20	
9:15- 10:15 AM	Chair Yoga (Hybrid)
11:30 AM-12:30 PM	LB Garden Club: Winter Sowing
1-3:30 PM	Film Friday: <i>Springsteen: Deliver Me From Nowhere</i>
2-3 PM	Historical Fiction Book Club: <i>Zeal</i>

Saturday, Feb. 21	
9:30-10:30 AM	Yoga for Health & Peace (Hybrid)
10:30 AM-12 PM	Crochet, Knit & More Club
11 AM-2 PM	Scrappy Hour: Junk Journaling with Jordana Fox
3:30-5:30 PM	Jane Austen Regency craft and games program at West
Sunday, Feb. 22	
2-3:30 PM	Emo Day Long Beach featuring Cover City Soundtrack
Monday, Feb. 23	
10-11 AM	Accessible Yoga for Every Body (Hybrid)
1-3 PM	Writers' Support Group
2-3 PM	Tai Chi for Arthritis and Fall Prevention - Point Lookout
2-4 PM	Library Board of Trustees Meeting
2-4 PM	Monday Matinee: <i>Roofman</i>
6-7 PM	Pilates
Tuesday, Feb. 24	
11 AM-12 PM	Low-Impact Cardio (Hybrid)
11 AM-3 PM	AARP Tax-Aide
1-3 PM	Watercolor for Beginners
2-3 PM	Author Talk with Tom Crouch
Wednesday, Feb. 25	
9:30-10:30 AM	Zumba
11 AM-12:30 PM	Canasta Club & Mah-Jongg Club
1-3 PM	Resume Help (Hybrid)
1:30-2:30 PM	Chair Yoga (West End)
2-3 PM	Ask the Tech Guy
2-3 PM	Tai Chi for Arthritis and Fall Prevention - Point Lookout
2:15-3 PM	Meditation with Lisa Wisel (Hybrid)
3-4 PM	Chair Yoga (West End)
5:30-6:30 PM	Teen Night: Scrapbooks & Junk Journals
6:45-7:45 PM	West End Neighbors Civic Association Meeting
7-8 PM	Creating an Estate Plan
7-8:30 PM	Women's Empowerment Group with Anissa Moore
Thursday, Feb. 26	
3-4 PM	Gale Academic OneFile Overview (Zoom)
3-5 PM	Social Worker Information Session
6-7 PM	Teen Tech Tutors
6-8 PM	LGBTQ+ Cinema: <i>Close</i>
Friday, Feb. 27	
9:15-10:15 AM	Chair Yoga (Hybrid)
1-3 PM	Film Friday: <i>Best Sellers</i>
Saturday, Feb. 28	
9:30-10:30 AM	Yoga for Health & Peace (Hybrid)
10:30 AM-12 PM	Crochet, Knit & More Club

Women's Empowerment Group with Anissa Moore
Wednesday, February 25, 7-8:30pm
Please join Anissa Moore, Deputy County Executive for Health and Human Services, for this monthly gathering of support. Please register.
Long Beach Writers Club
Thursday, February 12, 6:00-7:30pm
Join Long Beach School Teacher Dana Monti for an inspiring, creative series of evening writing workshops at the library!
Gale Academic OneFile Overview (Zoom)
Thursday, February 26, 3-4pm
Join librarian Ron Carroll for an overview of the Gale Academic OneFile Database!



The Long Beach Art League presents...

Life is SWEET

In the Gallery January 31 - February 28, 2026

In Person Meeting and Show Reception in the Library on Wednesday, February 4th at 7:00PM

by Maria Conte



Thomas Germano will present a visual lecture on the art of Caravaggio For more information, visit us at: www.longbeachartleague.com

Community Legal Help Information

Wednesday, February 4, 1-3pm

Do you need help with a legal problem?

NY State of Health Marketplace Enrollment Assistance Information

Wednesday, February 4, 1-3pm

NY State of Health is the official health plan marketplace for New Yorkers to shop for, compare, and enroll in health insurance coverage. **Please register.**

Alzheimer's/Dementia Caregivers Support Group

Thursday, February 5, 6:30pm

Join a trained facilitator and other caregivers in this safe place for family members and friends of people living with dementia to develop a support system.

Library Board of Trustees Meeting

Monday, February 23, 2-4pm

All welcome.

Friends of the Library Meeting

Tuesday, February 17, 7pm

Join the Friends of the Library for their monthly meeting. Becoming an active member of the Friends helps the Library provide more services and programs for the community.

NOTE: UNLESS OTHERWISE INDICATED, EVENTS ARE HELD AT MAIN LIBRARY. Programs are subject to change and may require prior registration. Scan this code on your phone to view the online calendar for details and registration.

FOR MORE PROGRAM AND EVENT INFORMATION CHECK OUT OUR WEBSITE: [HTTPS://LONGBEACHLIBRARY.ORG](https://longbeachlibrary.org)



**MOVIES AT WEST:*****Becoming Jane*****Saturday, February 7, 3:30-5:30pm (West End)**

Drama, Romance, 2007, PG, 2hr 00min

Abominable* (Sensory Screening)*Monday, February 16, 10am-12pm**

Animated, 2019, PG, 1hr 37min

Monday Matinee: *Roofman***Monday, February 23, 2-4:30pm**

Comedy, Romance, 2025, R, 2hr 6min

Film Friday: *Best Sellers***Friday, February 27, 1-3pm**

Comedy, 2021, NR, 1hr 42min

**Open Mic Night at West****Thursday, February 5, 6pm (West End)**

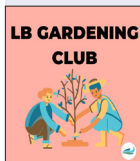
Come perform five minutes of standup comedy, play an instrument, sing, or recite poetry at our West End Open Mic! (For Adults 18+)

**Poetry Open Mic Night****Wednesday, February 11, 6:30pm**

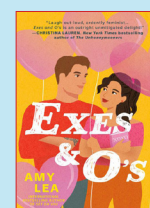
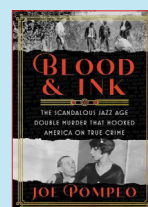
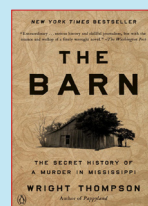
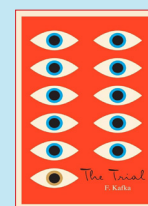
Calling all poets, spoken word artists, lyricists, and songwriters! Welcome to Long Beach Library's Unplugged Open Mic Night, hosted by former Nassau County Poet Laureates Paula Curci and Peter Dugan.

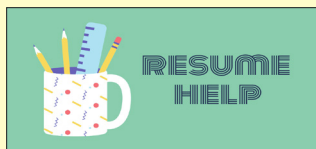
**Vinyl Collectors Club****Thursday, February 12, 7pm**

In honor of Black History Month, this session will highlight Black voices and musicians. Bring a record you'd like to share with the group and give it a spin!

Please register.**Bingo at West (West End)****Thursday, February 19, 7-8pm**Engage in family fun by playing bingo! Prizes will be provided! **Please register.****LB Garden Club: Winter Sowing****Friday, February 20, 11:30am**Do you love gardening and want to meet others in your community who love gardening too? Join our LB Garden Club to discuss all things gardening! **Please Register.****LGBTQ+ Cinema: *Close*****Thursday, February 26, 6pm**This month, *Close*.

Drama, 2022, PG-13, 1hr 45min

**WEST END**
WED, FEBRUARY 4, 6:30PM**ROMANCE BOOK CLUB**
TUES, JANUARY 13, 7PM**BOOKS & BREWS**
TUES, FEBRUARY 10, 7PM**SILENT BOOK CLUB**
WED, FEBRUARY 10, 7PM**TRUE CRIME**
SAT, FEBRUARY 14, 2PM**GREAT BOOKS**
MON, FEBRUARY 16, 2PM**BOOKS & BAGELS**
THURS, FEBRUARY 19, 10AM**HISTORICAL FICTION**
FRI, FEBRUARY 20, 2PM



Mondays & Wednesdays at 1pm

Book a 30-minute appointment with Lenora, an LBPL reference librarian with training in job search help and resume assistance.

Please register.

St Francis Hospital Health Bus Thursday, February 12, 10am-2pm



Join our partners from St. Francis Hospital for free health screenings.

Includes a brief cardiac history, blood pressure, and a simple blood test for cholesterol and diabetes for adults 18 and older. They can also provide patient education and referrals. **No appointment is required.**

LBPL Scribblers Writing Workshop Saturday, February 14, 1pm

Join published author and creative writing teacher Marc DeSantis for this interactive writing circle. Bring works in progress and writing materials. **Please register.**



AARP Tax-Aide
Tuesdays from
11am-3pm

This program is aimed at low to moderate income taxpayers with simple tax returns that can be prepared in less than one hour. Tax appointments may be booked in person or by phoning Adult Services 516-432-7201 x225.



TEEN NIGHT

Friendship Bracelets

Wednesday, February 4, 5:30pm

Movie Night: Wicked for Good

Wednesday, February 18, 5:30pm

Scrapbooks & Junk Journals

Wednesday, February 25, 5:30pm



Intro to AI: Using Chat GPT with Josh Varon Tuesday, March 3, 10, 17, 24, 7-8pm

This beginner-friendly introduction to AI and ChatGPT for both everyday life and work. Participants learn what AI is, how it works at a high level, and how to use ChatGPT safely and effectively for tasks like writing, learning, planning, and problem-solving. **Please register.**

Registration Required for all Exercise Classes

Pilates

Mondays at 6pm

Join instructor Pat Cappeto for this engaging Pilates class! Bring a mat to practice on!

Chair Yoga

Fridays at 9:15am (Hybrid)

A full-body practice that will help strengthen your nervous system and reduce stress and stiffness.

Accessible Yoga for Every Body

Mondays at 10am (Hybrid)

Build strength and flexibility along with a calmer mind in this accessible yoga for every body with Miriam Abrahams. Beginners are welcome, and this class is open to all.

Zumba

Wednesdays at 9:30am

Zumba is a fitness program that involves cardio and Latin-inspired dance.

Meditation

Wed, Feb. 25, 2:15pm (Hybrid)

Meditation session with Lisa Wisel, MS, BC-DMT, LCAT. Learn how to be in alignment and replenish the peace that resides within you. You can join on Zoom or In Person.

Chair Yoga (West End)

Wednesdays at 1:30pm & 3pm

(No class Feb. 11 at 3pm)

Join us at the West End Branch for this beginner-friendly Chair Yoga class.

Yoga for Health & Peace

Saturdays at 9:30am (Hybrid)

This Hatha yoga class, with Stephanie Durso, is designed to strengthen and lengthen your muscles and free your mind.



Meditative Dance

Sunday, February 1, 1:30 pm

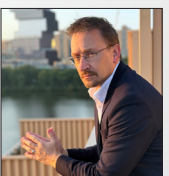
This meditative movement class with Marissa Moser promotes profound somatic healing. Licensed Mental Health Counselor and lifelong dancer, Marissa is inspired by the connection between mind, body and soul. **Please register.**



Tai Chi for Arthritis and Fall Prevention

Mondays, Feb. 2, 23, Wednesdays, 4, 18, 25, 2-3pm

Join us for this 8-week series of Tai Chi for Falls and Arthritis presented by Mount Sinai South Nassau. **Please Register.**



Chopra Meditation for Stress Relief & Improved Sleep

Wednesday, February 11, 7pm (Point Lookout)

Wednesday, February 18, 7pm (West End)

Gary Jansen is a Deepak Chopra Certified Meditation and Health Instructor and will help you achieve positive lifelong change through meditation. **Please register.**

FEBRUARY AUTHOR TALKS



VANESSA

RILEY

FEBRUARY 5 | 7PM

DR. LINDSEY
STEWART

FEBRUARY 12 | 2PM



TOM

CROUCH

FEBRUARY 24 | 2PM

ON ZOOM. Join us! Register online now!
Visit <https://libraryc.org/longbeachlibrary> to sign up.